



**TRADITIONAL TEEN SUMMER PROGRAM - SAN JOSE**

SAN JOSE	MONDAY 16-JUNE	TUESDAY 17-JUNE	WEDNESDAY 18-JUNE	THURSDAY 19-JUNE	FRIDAY 20-JUNE	SATURDAY 21-JUNE	SUNDAY 22-JUNE
8am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Arenal Volcano and Hot Springs Trip	
9am - 12pm	Spanish	Spanish	Spanish	Spanish	Spanish		
12pm - 1pm	Lunch	Lunch	Lunch	Lunch	Lunch		
1pm - 4/5pm	City Tour	Physical Activity	Service Learning	Creative Workshop	Shopping in Moravia		
Evening	Evening w/ Host Family	Dinner Salsa Lesson	Cooking Class	Dinner Tandem Mixer	Evening w/ Host Family		

SAN JOSE	MONDAY 23-JUNE	TUESDAY 24-JUNE	WEDNESDAY 25-JUNE	THURSDAY 26-JUNE	FRIDAY 27-JUNE	SATURDAY 28-JUNE	SUNDAY 29-JUNE
8am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Coffee Tour	Day w/ Host Family
9am - 12pm	Spanish	Spanish	Spanish	Spanish	Spanish		
12pm - 1pm	Lunch	Lunch	Lunch	Lunch	Lunch		
1pm - 4/5pm	Cooking Class	Physical Activity	Service Learning	Country Club	Orosi Tour		
Evening	Evening w/ Host Family	Dinner Salsa Lesson	Dinner Roller Skating	Costa Rica BBQ	Evening w/ Host Family		

SAN JOSE	MONDAY 30-JUNE	TUESDAY 01-JULY	WEDNESDAY 02-JULY	THURSDAY 03-JULY	FRIDAY 04-JULY	SATURDAY 05-JULY	SUNDAY 06-JULY
8am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Poas Volcano and La Paz Waterfall Gardens	Day w/ Host Family
9am - 12pm	Spanish	Spanish	Spanish	Spanish	Spanish		
12pm - 1pm	Lunch	Lunch	Lunch	Lunch	Lunch		
1pm - 4/5pm	Imbio Park	Physical Activity	Service Learning	Museums Tour	Amusement Park		
Evening	Evening w/ Host Family	Dinner Salsa Lesson	Dinner Movie Night	Cooking Class	Evening w/ Host Family		

SAN JOSE	MONDAY 07-JULY	TUESDAY 08-JULY	WEDNESDAY 09-JULY	THURSDAY 10-JULY	FRIDAY 11-JULY	SATURDAY 12-JULY	SUNDAY 13-JULY
8am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Jungle Zipline	Day w/ Host Family
9am - 12pm	Spanish	Spanish	Spanish	Spanish	Spanish		
12pm - 1pm	Lunch	Lunch	Lunch	Lunch	Lunch		
1pm - 4/5pm	Irazú Volcano	Physical Activity	Service Learning	Lankester Botanical Garden and Cartago Church	Costa Rica BBQ		
Evening	Evening w/ Host Family	Dinner Salsa Lesson	Cooking Class	Evening w/ Host Family	Evening w/ Host Family		

**NOTE: DAILY SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE DUE TO WEATHER AND OTHER LOCAL CONDITIONS.**



**TRADITIONAL TEEN SUMMER PROGRAM - SAN JOSE**

SAN JOSE	MONDAY 14-JULY	TUESDAY 15-JULY	WEDNESDAY 16-JULY	THURSDAY 17-JULY	FRIDAY 18-JULY	SATURDAY 19-JULY	SUNDAY 20-JULY
8am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Arenal Volcano and Hot Springs Trip	
9am - 12pm	Spanish	Spanish	Spanish	Spanish	Spanish		
12pm - 1pm	Lunch	Lunch	Lunch	Lunch	Lunch		
1pm - 4/5pm	City Tour	Physical Activity	Service Learning	Creative Workshop	Shopping in Moravia		
Evening	Evening w/ Host Family	Dinner Salsa Lesson	Dinner Bowling	Cooking Class	Evening w/ Host Family		

SAN JOSE	MONDAY 21-JULY	TUESDAY 22-JULY	WEDNESDAY 23-JULY	THURSDAY 24-JULY	FRIDAY 25-JULY	SATURDAY 26-JULY	SUNDAY 27-JULY
8am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Coffee Tour	Day w/ Host Family
9am - 12pm	Spanish	Spanish	Spanish	Spanish	Spanish		
12pm - 1pm	Lunch	Lunch	Lunch	Lunch	Orosi Tour		
1pm - 4/5pm	Cooking Class	Physical Activity	Service Learning	Country Club			
Evening	Evening w/ Host Family	Dinner Salsa Lesson	Dinner Roller Skating	Costa Rica BBQ	Evening w/ Host Family		

SAN JOSE	MONDAY 28-JULY	TUESDAY 29-JULY	WEDNESDAY 30-JULY	THURSDAY 31-JULY	FRIDAY 01-AUGUST	SATURDAY 02-AUGUST	SUNDAY 03-AUGUST
8am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Arenal Volcano and Hot Springs Trip	
9am - 12pm	Spanish	Spanish	Spanish	Spanish	Spanish		
12pm - 1pm	Lunch	Lunch	Lunch	Lunch	Lunch		
1pm - 4/5pm	Imbio Park	Physical Activity	Service Learning	Museums Tour	Amusement Park		
Evening	Evening w/ Host Family	Dinner Salsa Lesson	Cooking Class	Dinner Tandem Mixer	Evening w/ Host Family		

SAN JOSE	MONDAY 04-AUGUST	TUESDAY 05-AUGUST	WEDNESDAY 06-AUGUST	THURSDAY 07-AUGUST	FRIDAY 08-AUGUST	SATURDAY 09-AUGUST	SUNDAY 10-AUGUST
8am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Poas Volcano and La Paz Waterfall Gardens	Day w/ Host Family
9am - 12pm	Spanish	Spanish	Spanish	Spanish	Spanish		
12pm - 1pm	Lunch	Lunch	Lunch	Lunch	Lunch		
1pm - 4/5pm	Irazú Volcano	Physical Activity	Service Learning	Heredia Tour	Costa Rica BBQ		
Evening	Evening w/ Host Family	Dinner Salsa Lesson	Dinner Bowling		Evening w/ Host Family		

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