



# FRENCH & COOKING

## AIX-EN-PROVENCE, FRANCE

### START DATES YEAR-ROUND



#### **PROGRAM DESCRIPTION**

This French & Cooking program enables you to combine a French course with local cooking classes either offered at the school or at local chef's kitchen. This unique program offers exciting hands-on language and culinary education, meaningful cultural immersion, and an enriching language program.

#### **CITY AND COUNTRY INFO**

Aix-en-Provence is a spa town with Roman origins and baptised "Ville d'Eau - Ville d'Art" (city of water - city of art). Over the centuries numerous artists have been charmed by the light of this city. Its narrow streets, multicolored facades, its fountains and its markets attract visitors from all over the world. Aix-en-Provence is a young and lively university city with about 30,000 students.



The natural and cultural heritage which surrounds it also offers lots to discover: the historic cities Arles, Avignon and Nîmes, the Lubéron, the gorges of the Verdon and of course the mountain Sainte-Victoire which is the pride of the "Aixois" (people from Aix), the beaches and the 'Calanques' (rocky inlets in the Mediterranean) which are 30 minutes away by car.

#### **HIGHLIGHTS OF PROGRAM**

After participating in this French & Cooking Program in Aix-en-Provence, students will gain experience in foreign culinary styles and programs, greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally, and combine travel, academics, and passion for food and cooking into one incredible life-changing experience.

### *What's Included*

- **Tuition and Class Materials:** 2 week minimum-group 20 French 45 minute lessons per week in group of 5- 12 students per class.
- **Cooking Classes:** 15 lessons per week
- **Lodging:** In a Studio Apartment or Homestay
- **Placement Testing**
- **1-2 Organized Activities Weekly\***  
\* Entrance fees, transportation, etc. may be at additional cost.
- **Access to E-mail**
- **Access to Multimedia Learning Center**
- **Certificate of Completion**
- **Pre-Departure Information**
- **Planning Guide**
- **Medical, Accident and Sickness Coverage \*\***  
\*\* See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

## **FULL PROGRAM DESCRIPTION**

### **STUDY PROGRAM**

The study portion of the program includes 20 hours per week of Group French classes with a 2 week minimum. Maximum number of students per class is 5, with the average being 2 students. Groups are organized in a way that each will always consist of students possessing the same level of French.

All of our teachers are native speakers with university educations and are very experienced teaching French to foreigners. Most have learned a second language themselves and understand the student's perspective.

The method is based on the 4 language skills: listening, grammar, oral and written comprehension. No English will be used in class. Classes are 45 minutes in length.

Our program is divided into 6 levels of study. The first 4 are concentrated on grammar, vocabulary, practical situations, and conversation. The next 2 levels, advanced and superior, focus mainly on conversation and advanced reading and writing topics.

### **COOKING COURSE**

The objectives of this cooking course are:

- To improve listening and written comprehension
- To speak with more confidence and ease
- To communicate in every day situations
- To extend knowledge of French politics, social life and culture
- To study the vocabulary used in gastronomy and wine
- To discover local products

## **LODGING OPTIONS**

### **HOMESTAY**

The majority of families in Aix-en-Provence are within walking distance of the school, approximately 5 to 20 minutes. Student are placed with a variety of carefully selected families, and we do our best to accommodate all special requests. Many students find that living with local French families helps to improve language skills and understanding and appreciation of the culture.

### **PRIVATE STUDIO APARTMENT**

This option is more for the very independent student who likes his or her freedom to come and go. Studios come fully furnished with a big living area that combines the living, dining, and bedroom. Each studio has a fully stocked kitchen and is self-catering.

## **PRICE RANGE**

Cost of 2 weeks of classes, 15 cooking lessons per week, and 2 weeks total of housing ranges from:

**\$2,707 → \$3,282\*\***

\*\*Prices range according to housing and board options.

## **ELIGIBILITY AND GUIDELINES**

U.S. citizens traveling with regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance of arrival.

Minimum age of 18 unless accompanied by an adult. There is a limited number of positions every start date.

## **ACTIVITIES**

The NRCSA center in Aix-en-Provence offers many special activities and some are at an additional cost. Below are some examples:

- Wine tasting
- Drawing workshop
- Pastry lessons

Some sporting activity options for students can include:

- Water Sports
- Golf
- Horseback riding
- Cycling
- Rock climbing
- Tennis
- Hiking

## **HOW TO REGISTER**

To register for the FRENCH & COOKING program in Aix-en-Provence, either follow the link below or call 1-888-678-6211.

<http://www.nrcsa.com/reg/online/regform.html>

When you register, \$140 USD is due to secure your place in the program.