

## WHY PARTICIPATE:

- ◆ **To broaden** one's foreign language skills
- ◆ **To experience** foreign cooking firsthand in an international setting
- ◆ **To immerse** oneself into intercultural exchange both academically and through passion for food and cooking
- ◆ **To combine travel, academics, and cooking** into one incredible life-changing experience

### Enjoy!

Seeing another country, meeting people from around the world, eating new foods, understanding different lifestyles and gaining problem solving insights ... can be fun! At least that is what 95% of our students tell us.

## ABOUT THE NRCSA CONSORTIUM

The NRCSA Consortium was founded in 1968 with the goal of facilitating international studies and understanding. To date over 80,000 people have successfully completed our courses abroad including teens, university students, professionals and mature adults from the USA and abroad. We invite you to expand your international multicultural skills and benefit from the increasingly linked global community.

NRCSA Consortium centers offer value and a record of success. We look forward to helping your find the program that best matches your needs.

### Contacting NRCSA:

**Toll Free:** 888 678 6211 • **Email:** [study@nrcca.com](mailto:study@nrcca.com)

**Tel:** 414 278 0631 • **Fax:** 414 271 8884

**Web:** <http://www.nrcca.com>

**Facebook:** <http://www.facebook.com/NRCSA>

### Additional Options:

Apart from the above, each NRCSA center offers fieldtrips, activities or courses related to several of the following: archeology, area studies, art, business, cooking, computer science, crafts, current events, dance, diving, ecology, education, fashion, golf, government, history, literature, marketing, music, nature studies, photo, physical science, riding, skiing, social sciences, swimming, teacher workshops, tennis, theater and day care services for families.

## Participants in NRCSA's Programs have come from these institutions:

Albion College	Loyola University	Univ of CA San Diego
Alverno College	Luther College	Univ CA Sta Barbara
American University	Medical College of VA	Univ CA Santa Cruz
American Univ of Paris	Metropolitan State Univ	University of Chicago
Antioch College	Miami University	University of Cincinnati
Arizona State Univ	Michigan State Univ	Univ Colorado Boulder
Armstrong University	Middle TN State Univ	Univ Colorado Denver
Augustana College	Middlebury College	Univ of Connecticut
Austin College	Millersville University	University of Dayton
Avans University - NL	Mills College	University of Delaware
Babson College	Mira Costa College	University of Florida
Baylor University	Monterey Peninsula C	University of Georgia
Bennington College	Montgomery Comm C	Univ Hawaii Honolulu
Binghamton University	Mount Mary College	Univ of Hawaii Manoa
Bishops College	New Jersey University	University of Houston
Boston College	New Mexico State Univ	University of Illinois
Boston U SchMedicine	New York University	University of Indiana
Bowdoin College	Nihon University Tokyo	University of Iowa
Bradley University	NC Central University	University of Kansas
Brevard College	North Carolina St Univ	University of Kentucky
Briarcliff College	Northeastern IL Univ	University of Louisville
Brigham Young Univ	Northern Arizona Univ	Univ Maine/Hunter Co
Brooklyn College	Northern Virginia Community College	University of Manchester
Brown University	Northwestern Univ	Univ Massachusetts
Bucknell University	Oakton Comm College	University of Miami
Butler University	Oberlin College	University of Michigan
CA Polytechnic Univ	Oglethorpe University	Univ of Minnesota
CA St Univ East Bay	Ohio State University	University of Missouri
CA State Univ Fullerton	Oklahoma State Univ	Univ of NC Chapel Hill
CA St Univ Long Beach	Oxford University	Univ of NC Charlotte
Calumet University	Penn State University	Univ NC Greensboro
Cardinal Stritch Univ	Peninsula MedSchool-Phoenix College	Univ of New Mexico
Carleton College	Pomona College	Univ of North Texas
Carthage University	Princeton University	Univ No Colorado
Castleton St College	Reed College	Univ of Northern Iowa
Catholic University	Regis University	Univ Notre Dame
Central Washington U	Rice University	Univ of Oklahoma
Chemeketa Comm Col	Rollins College	U Penn Sch Medicine
Colgate University	Rutgers University	Univ of Pennsylvania
College of the Atlantic	S.I.L. Univ Sch Medicine	Univ of Pittsburgh
College William+Mary	Sacramento City Coll	Univ of Puerto Rico
College of Wooster	San Diego State Univ	Univ of Rhode Island
Colorado College	Sandhill Comm College	Univ SC Sch Medicine
Colorado State Univ	San Francisco St Univ	Univ of Sioux Falls
Columbia College of IL	San Jose State Univ	Univ So California
Columbia University	San Marcos Texas CC	Univ Southern Maine
Connecticut College	Seton Hall University	Univ So. Mississippi
Cornell University	Shoreline Comm Coll	Univ of Tennessee
Dartmouth University	Simmons College	Univ Texas Austin
Delta College	Skidmore College	Univ TX San Antonio
Driving College - UK	Smith College	University of Toronto
Duke University	Somerset Comm Coll	University of Utah
Eastern Tn State Univ	Sonoma State Univ	University of Vermont
Evergreen St College	So Methodist Univ	University of Virginia
Ferris State University	Southern Oregon Univ	Univ of Washington
Florida Intl Univ	St. Edwards University	Univ of West Florida
Florida State Univ	St. Norbert College	Univ of WI Eau Claire
Ft. Lewis College	Stanford University	Univ of WI LaCrosse
George Mason University Fairfax	SUNY College Buffalo	Univ of WI Madison
George Washington U	Temple Medical School	Univ of WI Milwaukee
Georgetown University	Tennessee Tech Univ	Univ of WI Oshkosh
Georgia College St.U	Texas A&M University	Univ of WI Whitewater
Georgia Southern Univ	Texas State University	Utah State University
Georgia State Univ	Thunderbird Sch Mgmt	Valparaiso University
Georgia Tech	Trinity College - UK	Vanderbilt University
Goddard College	Trinity University	Vassar College
Gordon College	Tufts University	VA Wesleyan College
Grand Valley St Univ	Tulane University	Walla Walla College
Grinnell College	Univ Fed Paraba BR	Washington+Lee Univ
Hampden-Sydney Coll	UnivCollege London UK	Washington University
Harvard Medical Sch	University of Alabama	Wayne State Univ
Harvard University	University of Alberta	Washington State Univ
Howard University	University of Arizona	Wellesley College
Iowa State University	University of Arkansas	Wesleyan University
John Hopkins Univ	University of Bergen	Western WA St Univ
Kellogg (Northwestern)	Univ of Bridgeport	Wharton Sch Business
Kent State University	Univ of CA Berkeley	Whitman College
Kyungsung Univ - KR	Univ of CA Davis	Whither College
Lander University	U CA Davis Med Sch	Wilkes University
LaRoche College	University of CA Irvine	Xavier University LA
LeMoyne College	Univ CA Los Angeles	Yale University
Lewis + Clark College	Univ of CA Riverside	Yeshiva College
Long Island St College		York University
Louisiana State Univ		

# LANGUAGE & COOKING ABROAD



## PROGRAMS AVAILABLE IN

- |                            |                           |
|----------------------------|---------------------------|
| -Maceio, Brazil            | -Rome, Italy              |
| -Sao Paulo, Brazil         | -Siena, Italy             |
| -Aix-en-provence, France   | -Sorrento, Italy          |
| -Cannes, France            | -Taormina, Italy          |
| -Lyon, France              | -Viareggio, Italy         |
| -Nice, France              | -Oaxaca, Mexico           |
| -Paris, France             | -Playa del Carmen, Mexico |
| -Rouen, France             | -Benalmadena, Spain       |
| -Florence, Italy           | -Malaga, Spain            |
| -Milan, Italy              | -San Sebastian, Spain     |
| -Portico di Romagna, Italy | -Montreux, Switzerland    |
| -Pisa, Italy               |                           |

## NRCSA Consortium

*Live the Language • Learn the Culture*

PO Box 1393 • Milwaukee, WI 53201  
Tol Free: 888 678 6211 • Email: [study@nrcca.com](mailto:study@nrcca.com)

## TYPES OF COOKING CLASSES

### AVAILABLE:

- ✓ Participate in cooking demonstrations
- ✓ Cook in a local apartment with local chefs
- ✓ Partake in family-style cooking with local families
- ✓ Build and keep recipe books
- ✓ Pair foods and wine

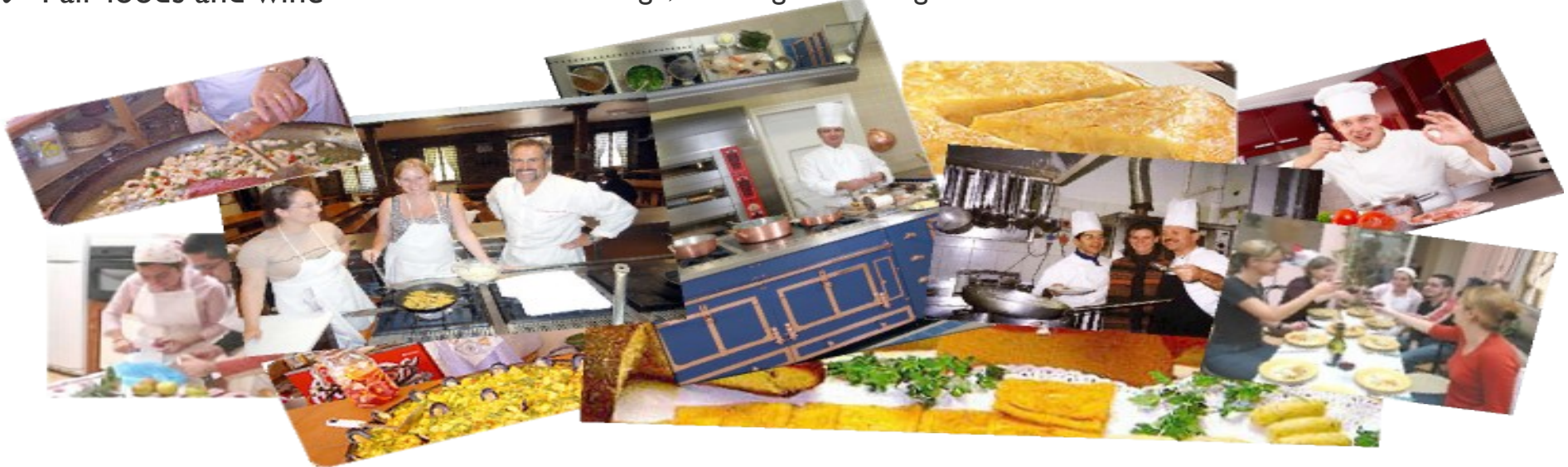
## WHAT YOU WILL GAIN WITH THESE PROGRAMS ABROAD:

- Unique cross-cultural experience in passion for food and cooking
- Greatly improved foreign language abilities
- Personal growth and confidence both nationally and internationally
- Culturally sensitive yet sound communication skills
- Foreign, multilingual cooking skills

## TYPES OF COOKING CLASSES

### AVAILABLE:

- ✓ Participate in the shopping of ingredients with locals at markets
- ✓ Learn history of the local foods and cultural characteristics of the food
- ✓ Learn about oil, meat, cheese, and wine pairings



### ELIGIBILITY AND GUIDELINES:

Minimum age of 18 unless accompanied by an adult. Varied lessons are available weekly at each center and usually take place in the afternoons after classes in the mornings. All levels are welcome to join our cooking classes for a fun way to practice your language skills and improve your cooking skills.

### LANGUAGE & COOKING PROGRAM:

This program combines a short term minimum Standard Group Language Study program with local cooking classes either offered at the school or at local chef's studio. This unique program offers exciting hands-on language and culinary education, meaningful cultural immersion, and an enriching language program.

### CONTACT NRCSA:

To learn more about NRCSA's **language study and cooking programs abroad**, or any of our other study abroad programs, please contact NRCSA by calling 414-278-0631, emailing [study@nrcca.com](mailto:study@nrcca.com).

Or, visit our Language & Cooking website at: <http://cooking.nrcca.com/>