



# ITALIAN & COOKING FLORENCE, ITALY PROGRAMS START EVERY MONDAY



## **PROGRAM DESCRIPTION**

This Italian & Cooking program enables you to combine an Italian course with cooking lessons. This unique program offers exciting hands-on cooking classes, meaningful cultural immersion, and an enriching language program.

## **CITY AND COUNTRY INFO**

Ever since the nineteenth-century revival of interest in the art of the Renaissance, Florence has been a shrine to the cult of the beautiful. Close up, however, it does not immediately impress visitors as a beautiful city. The marble-clad Baptistery and Duomo are stupendous, of course, the architectural perfection of the latter's dome as celebrated now as it ever was. But these colorful monuments are not typical of the city as a whole: the streets of the historic center are often narrow and dark, their palaces robust and intimidating, and few of the city's squares are places where you'd want to pass an idle hour.

However, Florence is a city of incomparable indoor pleasures, its chapels, galleries and museums an inexhaustible treasure, embodying the complex, exhilarating and often elusive spirit of the Renaissance more fully than any other place in the country, and few leave completely disappointed, Florence became the centre of artistic patronage in Italy under the Medici family, who made their fortune in banking and ruled the city as an independent state for some three centuries, most auspiciously during the years of Lorenzo de' Medici, tagged "Il Magnifico", who held fiercely onto Florentine independence in the face of papal resentment. Later, in the late eighteenth century, Florence fell under Austrian and then French rule, and in the nineteenth century was for a short time the capital of the kingdom of Italy. The story of Florence since then has been fairly low-key, and nowadays the monuments and paintings of the city's Renaissance heyday are the basis of its survival.

## **HIGHLIGHTS OF PROGRAM**

After participating in this Italian & Cooking Program in Florence, students will gain experience in foreign culinary styles and programs, greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally, and combine travel, academics, and passion for food and cooking into one incredible life-changing experience.



## *What's Included*

- **Tuition and Class Materials:** 1 week minimum-group 20 Italian 45 minute lessons per week in group of 5- 12 students per class.
- **Cooking Lessons:** One 3 hour lesson per week
- **Lodging:** In a Student Residence or Homestay
- **Placement Testing**
- **1-2 Organized Activities Weekly\***  
\* Entrance fees, transportation, etc. may be at additional cost.
- **Access to E-mail**
- **Access to Multimedia Learning Center**
- **Certificate of Completion**
- **Pre-Departure Information**
- **Planning Guide**
- **Medical, Accident and Sickness Coverage \*\***  
\*\* See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

## **FULL PROGRAM DESCRIPTION**

### **STUDY PROGRAM**

The study portion of the program includes 20 hours per week of Group Italian classes with a 1 week minimum. Maximum number of students per class is 5, with the average being 2 students. Groups are organized in a way that each will always consist of students possessing the same level of Italian.

All of our teachers are native speakers with university educations and are very experienced teaching Italian to foreigners. Most have learned a second language themselves and understand the student's perspective.

The method is based on the 4 language skills: listening, grammar, oral and written comprehension. No English will be used in class. Classes are 45 minutes in length.

### **COOKING LESSONS**

Our cooking course will enable you to prepare typical Italian meals and to learn recipes from the various regions of Italy. The course is based one meeting of approx. 3 hours a week and shaped for all potential participants, also for the novice who is interested in learning about cooking.

During each lesson the students prepare and cook a different complete menu which consists of typical dishes of Italian cuisine in the tradition of genuine simplicity. At the beginning of each lesson the teacher explains the menu of the day and distributes the work. During the preparation and the cooking of the food, the teacher demonstrates, explains and gives valuable hints and tips. The students prepare the table and dine together. Each student or pair of students presents and serves to the others the dish they have prepared.

This course is organized in such a way that the students can experience with their own hands the way of cooking in the Italian style. Participants receive a recipe book including a vocabulary in several languages.

## **LODGING OPTIONS**

### **HOMESTAY**

Single or double room, with breakfast, or half board. Most of the host families have worked with us for many years. The families know from experience what the role of a host is. Living with a host family offers you the opportunity to become quickly into the Italian society. Nowhere else will you so directly experience real Italian life. The word 'family' should not be taken too literally, because your family could also be a single parent or a childless couple who take in students because they enjoy the company. You can choose between a room with breakfast or half-board (breakfast and dinner).

### **SHARED APARTMENT**

Single or double room, shared use of kitchen, bathroom and shower, living room and other common areas. You share a flat or floor of a house either with other students from our school, with other Italian students or with the owner. In selecting the apartments, we do not look for luxury and comfort in material sense, but the apartments are furnished with all essential utilities (bed, table, chair, wardrobe). Kitchen and bathroom are of common use.

In the fully equipped kitchen you can prepare your meals separately or together with your flatmates and fellow students. Normally there is no telephone in the apartment. In any case, our schools can provide you with cell phone rental services.

## **PRICE RANGE**

Cost of 1 week of classes, 3 hours of cooking lessons, and 1 week of housing ranges from:

**\$838 → \$1,036 \*\***

\*\*Prices range according to housing and board options.

## **ELIGIBILITY AND GUIDELINES**

U.S. citizens traveling with regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance of arrival.

Minimum age of 18 unless accompanied by an adult.

## **ACTIVITIES**

The school offers leisure activities on a regular basis such as:

- Dinners, which enable teachers and students to get to know each other better
- Guided visits in History of Art
- Film evenings at school
- Day and half-day excursions
- Visit to wine cellars

## **HOW TO REGISTER**

To register for the ITALIAN & COOKING program in Florence, either follow the link below or call 1-888-678-6211.

<http://www.nrcsa.com/reg/online/regform.html>

When you register, \$140 USD is due to secure your place in the program.