



PORTUGUESE & COOKING

MACEIO, BRAZIL

PROGRAMS START EVERY MONDAY



PROGRAM DESCRIPTION

This Portuguese & Cooking program enables you to combine a Portuguese course with cooking lessons. This unique program offers exciting hands-on cooking classes, meaningful cultural immersion, and an enriching language program.



CITY AND COUNTRY INFO

Maceio is the capital of the state of Alagoas, in northeastern Brazil, with a population of approximately 325,000 people. It is situated below low bluffs between the Atlantic Ocean and the Norte (or Mundaú) Lagoon. Formerly called Macayo, the city dates from 1815, when a small settlement there was made a villa. In 1839 it became capital of Alagoas and was given city status. Though much of the colonial buildings are gone, giving way to modern architecture, there still remains the Government Palace, the Metropolitan Cathedral, and the Church of Bom Jesús dos Mártires.

Maceio has an outdoor market of local crafts ranging from dresses and t-shirts to handmade jewelry and hammocks. Many unique gifts can be found to take back to loved ones. The city offers a number of bars and clubs, both on the beach and in the city, with live music or recorded Brazilian music playing. The cinema in Maceio has current Portuguese language films made in Brazil and abroad. The city also offers a wide range of annual events and the most famous are the street parties such as Maceio Fest (an out-of-season carnival in November) and, of course, the traditional Carnival in February.

HIGHLIGHTS OF PROGRAM

After participating in this Portuguese & Cooking Program in Maceio, students will gain experience in foreign culinary styles and programs, greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally, and combine travel, academics, and passion for food and cooking into one incredible life-changing experience.

What's Included

- **Tuition and Classes:** 1 Week Minimum Standard Portuguese program (20 hours per week)
- **Cooking Lessons:** Full kitchen open to lessons
- **Lodging:** Homestays, Hotels, Pousadas and Apartments available.
- **Placement Testing**
- **1-2 Organized Activities Weekly***
- * Entrance fees, transportation, etc. may be at additional cost.
- **Access to E-mail**
- **Access to Multimedia Learning Center**
- **Certificate of Completion**
- **Pre-Departure Information**
- **Planning Guide**
- **Medical, Accident and Sickness Coverage ****
- ** See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

FULL PROGRAM DESCRIPTION

STUDY PROGRAM

The study portion of the program includes 20 hours per week of Group Portuguese classes with a 2 week minimum. Maximum number of students per class is 5, with the average being 2 students. Groups are organized in a way that each will always consist of students possessing the same level of Portuguese.

All of our teachers are native speakers with university educations and are very experienced teaching Portuguese to foreigners. Most have learned a second language themselves and understand the student's perspective.

The method is based on the 4 language skills: listening, grammar, oral and written comprehension. No English will be used in class. Classes are 45 minutes in length.

Our program is divided into 6 levels of study. The first 4 are concentrated on grammar, vocabulary, practical situations, and conversation. The next 2 levels, advanced and superior, focus mainly on conversation and advanced reading and writing topics.

COOKING LESSONS

The cooking program in Maceio is offered as a focus of a standard four week course that complements your language lessons. The facilities include a fully equipped kitchen for Brazilian cooking classes. Students, professors, and administrators get together on the weekends to take advantage of the grill on the grounds, a favorite Brazilian pastime.

The Maceio program offers instruction in preparation and historical background to typical Brazilian cuisine. Food in Brazil, heavily varied and enjoyed by the population, has strong Portuguese, Middle Eastern, African and Indian influences.

LODGING OPTIONS

HOMESTAY

Staying with a host family is an interesting alternative to staying in an aparthotel as it offers an excellent opportunity to get to know the Brazilian lifestyle. Most host families live within walking distance of the school, while others live about 10 to 15 minutes away traveling by train or bus. Students who select a homestay should be prepared to use public transportation. Families are carefully selected and accommodation in either a single or double room with breakfast or 2 meals daily is available.

APARTHOTELS

The school is able to provide apartments situated in a complex located 10 minutes walking distance from the school. The complex is also close to the beaches and to the town centre. These single or double room mini-apartments are furnished and each has a fully equipped kitchen, bathroom, terrace, and telephone. The complex provides a cleaning service, 24 hour reception and a swimming pool. Bed linens are provided but students must bring towels. Students receive vouchers for breakfast daily that is served at a cafeteria located in front of the school. This option is available upon request and is at additional cost.

PRICE RANGE

Cost of 1 week of classes, 3 cooking lessons a week, and 1 week of housing ranges from:

\$806 → \$1,006**

**Prices range according to housing and board options.

ELIGIBILITY AND GUIDELINES

U.S. citizens traveling with regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance of arrival.

Minimum age of 18 unless accompanied by an adult.

ACTIVITIES

The school offers a full and varied program of cultural visits, sports, social outings and excursions through the year. Details vary from week to week and from season to season.

Activities include:

- Go to Cafe Regional with teachers for dinner, drinks, and karaoke.
- Watch a Brazilian Soccer match.
- Learn about Capoeira, a Brazilian martial art.
- Social games
- Parties
- Take a boat ride along Lagoa Mundau

HOW TO REGISTER

To register for the PORTUGUESE & COOKING program in Maceio, either follow the link below or call 1-888-678-6211.

<http://www.nrcsa.com/reg/on-line/regform.html>

When you register, \$140 USD is due to secure your place in the program.