



FRENCH & COOKING

NICE, FRANCE

START DATES THROUGHOUT YEAR



PROGRAM DESCRIPTION

This French & Cooking program enables you to combine a French course with local cooking classes at local chef's kitchen. This unique program offers exciting hands-on language and culinary education, meaningful cultural immersion, and an enriching language program.

CITY AND COUNTRY INFO

Nice is located in the center of the capitol of the glamorous French Riviera, at the same time peaceful and dynamic. Both in winter and in summer Nice comes alive with carnivals, jazz, music, and film festivals and its museums. The school is located in the heart of the city, just 10 minutes walk from the Promenade de Anglais, the beach and is very close to the biggest shopping avenue served by numerous bus lines. Also, all the cities along the French Riviera, from Monaco to Cannes, are easily reached by train in under 30 minutes.

It doesn't take long to get a feel for the layout of Nice. The old town groups about the hill of Nice's former château, a previously rough but now fast gentrifying pocket of narrow crammed streets centering on place Rossetti and the Baroque Cathédrale St-Réparate. Nearby is the entrance to the parc du Château (also reachable by lift from the eastern end of rue des Ponchettes), decked out in a mock-Grecian style harking back to the original Greek settlement of Nikea. The point of the climb, apart from the perfumed greenery, is the view stretching west and over the middle of the old town's rooftops. The limits of the old town are marked by Blvd. Jean-Jaurès, on which the Musée d'Art Moderne et d'Art Contemporain (Mon & Wed-Sun 11am-6pm, Fri until 10pm) holds a collection of Pop Art and neo-Realist work, including pieces by Andy Warhol and Roy Lichtenstein. Beyond here, place Masséna, and the spine of the centre, av Jean-Médecin, represent the commercial heart of Nice, while, a short walk south, the promenade des Anglais was laid out by nineteenth-century English residents for their afternoon sea-breeze stroll.

HIGHLIGHTS OF PROGRAM

After participating in this French & Cooking Program in Nice, students will gain experience in foreign culinary styles and programs, greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally, and combine travel, academics, and passion for food and cooking into one incredible life-changing experience.



What's Included

- **Tuition and Class Materials:** 1 week minimum-group 20 French 45 minute lessons per week in group of 5- 12 students per class.
- **Cooking Classes:** 8 lessons per week
- **Lodging:** In a Residence or Homestay
- **Placement Testing**
- **1-2 Organized Activities Weekly***
- * Entrance fees, transportation, etc. may be at additional cost.
- **Access to E-mail**
- **Access to Multimedia Learning Center**
- **Certificate of Completion**
- **Pre-Departure Information**
- **Planning Guide**
- **Medical, Accident and Sickness Coverage ****
- ** See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment, etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

FULL PROGRAM DESCRIPTION

STUDY PROGRAM

The study portion of the program includes 20 hours per week of Group French classes with a 1 week minimum. Maximum number of students per class is 5, with the average being 2 students. Groups are organized in a way that each will always consist of students possessing the same level of French.

All of our teachers are native speakers with university educations and are very experienced teaching French to foreigners. Most have learned a second language themselves and understand the student's perspective.

The method is based on the 4 language skills: listening, grammar, oral and written comprehension. No English will be used in class. Classes are 45 minutes in length.

Our program is divided into 6 levels of study. The first 4 are concentrated on grammar, vocabulary, practical situations, and conversation. The next 2 levels, advanced and superior, focus mainly on conversation and advanced reading and writing topics.

COOKING COURSE

French cuisine classes are with a French chef in her French Riviera apartment. Learn how to make typical French dishes on the French Riviera using local seasonal produce. Students will also learn origins and anecdotes about French cuisine. Classes take place in a relaxed and friendly atmosphere, in a chef "apartment-cuisine". Course of French cuisine includes 8 lessons / week divided into 2 half-days where complete menus are prepared and tasted.

LODGING OPTIONS

HOMESTAY

Homestays offer students the chance to speak French and take part in family life. Students stay in or near the city center in Nice. When several foreign students are housed with the same family, they all have different mother tongues. Homestays include breakfast daily, with 2 meals daily available at additional cost.

INTERNATIONAL STUDENT RESIDENCE

Single bedrooms are fully equipped with shower, private WC, telephone and satellite T.V. There are no laundry or kitchen facilities, however, the self-service restaurant offers traditional French cuisine and there is a launderette located near the residence. Breakfast is included in the cost.

PRICE RANGE

Cost of 1 week of classes, 8 cooking lessons and prepared meals per week, and 1 week total of housing ranges from:

\$1,238 → \$1,430**

**Prices range according to housing and board options.

ELIGIBILITY AND GUIDELINES

U.S. citizens traveling with regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance of arrival.

Minimum age of 18 unless accompanied by an adult. There is a limited number of positions every start date.

ACTIVITIES AND EXCURSIONS

Each week cultural activities are offered to students at no additional charge. The activities give students a chance to experience the cultural and tourist aspects of the city. Examples:

- Visits to museums and monuments
- Dinners at specialized restaurants
- Wine tasting
- Musical concerts
- Theatrical performances
- Tours of the city
- Cooking demonstrations

Excursions are also organized, and depart from Nice. Typical excursions include:

- Monaco
- Reims
- Sospe
- Aix en provence
- Cannes

*Some are at an additional cost

HOW TO REGISTER

To register for the FRENCH & COOKING program in Nice, either follow the link below or call 1-888-678-6211.

<http://www.nrcsa.com/reg/on-line/regform.html>

When you register, \$140 USD is due to secure your place in the program.