

# FRENCH & COOKING PARIS, FRANCE PROGRAMS START EVERY MONDAY



## **PROGRAM DESCRIPTION**

This French & Cooking program enables you to combine a French course with local cooking classes at local chef's kitchen or attend a cooking demonstration. This unique program offers exciting hands-on language and culinary education, meaningful cultural immersion, and an enriching language program.



## CITY AND COUNTRY INFO

Paris is the paragon of style - perhaps the most captivating city in Europe. Yet it is also deeply traditional, village-like and, in parts, a dilapidated metropolis whose inhabitants are notorious for their hauteur, and yet modern and cosmopolitan.

In recent decades, it has moved its focus from preserving its status as the center of Western intellectual, artistic and literary movements, and as Europe's natural asylum for dissidents and the disillusioned, towards the more material advances promised by technology and business. And at the same time the cultural contributions of its large immigrant populations, particularly from Algeria and West and Central Africa, have sparked unprecedented social transformation.

While such contradictions and contrasts may be the reality of any city, they are the makings of Paris: consider the tiny lanes and alleyways of the quartier Latin or Montmartre against the monumental vistas from the Louvre to La Défense; the multiplicity of markets and old-fashioned pedestrian arcades against the giant underground commercial complexes of Montparnasse, the Louvre and Les Halles; or the obsession with refashioning old buildings and creating ground-breaking architecture against the old ladies who still iron sheets by hand in the laundries of Auteil.

### **HIGHLIGHTS OF PROGRAM**

After participating in this French & Cooking Program in Paris, students will gain experience in foreign culinary styles and programs, greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally, and combine travel, academics, and passion for food and cooking into one incredible life-changing experience.

# What's Included

Tuition and Class Materials: 1 week

minimum-group 20 French 45 minute lessons per week in group of 5- 12 students per class.

- Cooking Classes: 2.5 hours per week
- Lodging: Homestay
- Placement Testing
- 1-2 Organized Activities Weekly\*
- \* Entrance fees, transportation, etc. may be at additional cost.
- Access to E-mail

- Access to Multimedia Learning Center
- Certificate of Completion
- Pre-Departure Information
- Planning Guide
- Medical, Accident and Sickness Coverage \*\*
- \*\* See policy for definitions and exclusions.
- Medivac Coverage
- Other Travel Coverage: repatriation, baggage, personal effects, accidental death and dismemberment, etc.
- 24 Hour Emergency Multilingual Hotline: call collect from anywhere in the world

# **FULL PROGRAM DESCRIPTION**

#### STUDY PROGRAM

The study portion of the program includes 20 hours per week of Group French classes with a 1 week minimum. Maximum number of students per class is 5, with the average being 2 students. Groups are organized in a way that each will always consist of students possessing the same level of French.

All of our teachers are native speakers with university educations and are very experienced teaching French to foreigners. Most have learned a second language themselves and understand the student's perspective.

The method is based on the 4 language skills: listening, grammar, oral and written comprehension. No English will be used in class. Classes are 45 minutes in length.

Our program is divided into 6 levels of study. The first 4 are concentrated on grammar, vocabulary, practical situations, and conversation. The next 2 levels, advanced and superior, focus mainly on conversation and advanced reading and writing topics.

#### **COOKING COURSES**

# Cookery demonstration at the Ritz Escoffier School

At the Ritz Escoffier school of French gastronomy, attend a cookery demonstration to make your mouth water. A chef conjures up a complete meal or several pâtisserie recipes. He describes each "trick of his trade" in detail. A large mirror placed above the work surface allows spectators to observe what is going on in the pots and pans. The participants then taste the dishes. The presentation is given in French with an English translation.

French cuisine classes are with a French chef in her French Riviera apartment. Students take 2 classes a week in the early evening prepare and enjoy a starter, main dish and dessert.

#### Cookery course in a Parisian apartment

In a splendid Parisian apartment, a cordon-bleu cook reveals the secrets of her simple and traditional recipes.

# **LODGING OPTIONS**

#### **HOMESTAY**

Students will receive a warm welcome from Parisian families carefully chosen by the housing coordinators. Host families are eager to impart the French language and culture on the students they host. Additionally, they enjoy learning about the culture of the student they host. Breakfast is provided daily. Two meals daily is also available, but at an additional cost.

Accommodation with a host family extends from the Sunday before the first day of classes to the Saturday following the last day of classes. Students can opt to extend, and extra days will be paid at a pro rata (advanced notice is required to ensure availability). Students should notify NRCSA before they depart of their arrival time so that someone can be there to welcome them.

# PRICE RANGE

Cost of 1 weeks of classes, 2.5 hours of cooking lessons or demonstrations, and 1 week of housing ranges from:

 $$1,336 \rightarrow $1,666**$ 

\*\*Prices range according to housing and board options.

# ELIGIBILITY AND GUIDELINES

U.S. citizens traveling with regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance of arrival.

Minimum age of 18 unless accompanied by an adult. There is a limited number of positions every start date.

# ACTIVITIES AND EXCURSIONS

Optional guided tours in and around Paris are available, as well as coached excursions to various chateaus around Paris such as:

- The Louvre museum
- Notre-Dame
- The Eiffel Tower
- The Arc de Triomphe
- Marais
- The Ile St-Louis
- The Latin Quarter

# **HOW TO REGISTER**

To register for the FRENCH & COOKING program in Paris, either follow the link below or call 1-888-678-6211.

http://www.nrcsa.com/reg/on-line/regform.html

When you register, \$140 USD is due to secure your place in the program.