



SPANISH & COOKING

PLAYA DEL CARMEN, MEXICO

PROGRAMS START EVERY MONDAY



PROGRAM DESCRIPTION

This Spanish & Cooking program enables you to combine a Spanish course with cooking lessons. This unique program offers exciting hands-on cooking classes, meaningful cultural immersion, and an enriching language program.

CITY AND COUNTRY INFO

Playa del Carmen is a relaxed city in the state of Quintana Roo located in the heart of the Mayan Riviera of Mexico, approximately 40 minutes by car from Cancun. The climate is tropical year round, with the warmest time of year between April and August. Playa del Carmen is well-known worldwide because of its relaxed, tropical atmosphere and its unmatched beautiful beaches. With a resident population of 60,000 inhabitants, Playa del Carmen is a great place to enjoy the cultural and historic richness of Mexico and the Mayan people. Sports enthusiasts will find a multitude of activities available for their participation, such as snorkeling, scuba diving, volleyball, horseback riding, golf, tennis, soccer, jogging, and swimming.

Playa del Carmen is located within short driving distance to many sites of current and historical interest. These destinations include the ruins of Tulum and Chichen-Itza, exciting Cancun and colonial Merida. The crime rate in Playa del Carmen is low, and the inhabitants are refreshingly curious and friendly, always ready to assist you.

HIGHLIGHTS OF PROGRAM

After participating in this Spanish & Cooking Program in Playa del Carmen, students will gain experience in foreign culinary styles and programs, greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally, and combine travel, academics, and passion for food and cooking into one incredible life-changing experience.



What's Included

- **Tuition and Class Materials:** 1 week minimum-group 20 Spanish 45 minute lessons per week in group of 5- 12 students per class.
- **Cooking Lessons:** 3 Lessons per week
- **Lodging:** In a Student Residence or Homestay
- **Placement Testing**
- **1-2 Organized Activities Weekly***
* Entrance fees, transportation, etc. may be at additional cost.
- **Access to E-mail**
- **Access to Multimedia Learning Center**
- **Certificate of Completion**
- **Pre-Departure Information**
- **Planning Guide**
- **Medical, Accident and Sickness Coverage ****
** See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

FULL PROGRAM DESCRIPTION

STUDY PROGRAM

The study portion of the program includes 20 hours per week of Group Spanish classes with a 1 week minimum. Maximum number of students per class is 5, with the average being 2 students. Groups are organized in a way that each will always consist of students possessing the same level of Spanish.

All of our teachers are native speakers with university educations and are very experienced teaching Spanish to foreigners. Most have learned a second language themselves and understand the student's perspective.

The method is based on the 4 language skills: listening, grammar, oral and written comprehension. No English will be used in class. Classes are 45 minutes in length.

Our program is divided into 6 levels of study. The first 4 are concentrated on grammar, vocabulary, practical situations, and conversation. The next 2 levels, advanced and superior, focus mainly on conversation and advanced reading and writing topics.

COOKING LESSONS

The cooking classes take place on 3 afternoons per week (usually Tuesday, Wednesday and Thursday).

The cooking classes themselves start by demonstrating some of the basics of Mexican cooking -- guacamole, fajitas, pico de gallo (tex-mex sauce), quesadillas, molletes, tacos, enchiladas, enfrijoladas, sopes and pambazos -- and then we move on to more specialized dishes such as mole, pozole, pipian, tamales and adobo.

We also teach students how to make a delicious flan de cajeta and other typical Mexican desserts.

All the ingredients are included in the course fee and students can also consume everything that's been produced once the class is over.

LODGING OPTIONS

HOMESTAY

Staying with a host family offers an excellent opportunity to get to know the Mexican lifestyle. Most host families live within walking distance of the school, while others live about 10 to 15 minutes away traveling by train or bus. Students who select a homestay should be prepared to use public transportation. Families are carefully selected and accommodation in either a single or double room with breakfast or 2 meals daily is available.

STUDENT RESIDENCE

The Residence was originally a small, very charming hotel. It has 10 double rooms, all with A/C, cable TV and private bathroom.

There is also a cafeteria where a continental breakfast is served every day for the students to enjoy.

We have friendly staff that operates the residence. They live on site, are very service oriented, and make sure that everything is running properly.

The residence is located 2 blocks from the beach and 10 minute walking distance from the school. Its location is perfect, as students are only a short walk away from everything that Playa del Carmen has to offer.

PRICE RANGE

Cost of 1 week of classes, 3 cooking lessons a week, and 1 week of housing ranges from:

\$704 → \$773**

**Prices range according to housing and board options.

ELIGIBILITY AND GUIDELINES

U.S. citizens traveling with regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance of arrival.

Minimum age of 18 unless accompanied by an adult.

ACTIVITIES

The school offers a full and varied program of cultural visits, sports, social outings and excursions through the year. Details vary from week to week and from season to season.

Activities include:

- Excursions
- Local tourist visits
- Social games
- Parties
- Evening outings to cinemas, areas of cultural interest and local Mexican restaurants

HOW TO REGISTER

To register for the SPANISH & COOKING program in Playa del Carmen, either follow the link below or call 1-888-678-6211.

<http://www.nrcsa.com/reg/on-line/regform.html>

When you register, \$140 USD is due to secure your place in the program.