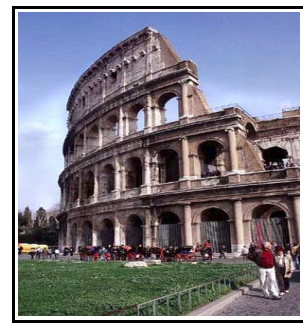




ITALIAN & COOKING

ROME, ITALY

PROGRAMS START WEEKLY



PROGRAM DESCRIPTION

This Italian & Cooking program enables you to combine an Italian course with cooking lessons. This unique program offers exciting hands-on cooking classes, meaningful cultural immersion, and an enriching language program.

CITY AND COUNTRY INFO

Of all Italy's historic cities, it's Rome which exerts the most compelling fascination. There's arguably more to see here than in any other city in the world, with the relics of more than two thousand years of continuous occupation packed into its sprawling urban area. As a contemporary European capital, it has a feel which is quite unique. Rome is, in many ways, the ideal capital of Italy, perfectly placed between Italy's warring north and south factions and heartily despised by both. For the traveler, it is the sheer weight of history in the city that is most evident, its various eras crowding in on each other to an almost breathtaking degree. There are the classical features – the Colosseum, the rubble Forum and Palatine Hill – and relics from the early Christian period in ancient basilicas; while the fountains and churches of the Baroque period go a long way to determining the look of the city center. But these are just part of the picture, which is an almost continuous one right up to the present day, taking in Romanesque churches, Renaissance palazzi, Rococo fountains and the ponderous buildings of post-Unification, often all found within a few paces of each other.

Rome is not an easy place to absorb on one visit, and you need to approach things slowly, taking care not to try and see too much too quickly, even if you only have a few days here. On foot it's easy to lose a sense of direction in the twisting old streets, and in any case you're likely to see something interesting that detours and stopoffs are inevitable.

HIGHLIGHTS OF PROGRAM

After participating in this Italian & Cooking Program in Rome, students will gain experience in foreign culinary styles and programs, greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally, and combine travel, academics, and passion for food and cooking into one incredible life-changing experience.



What's Included

- **Tuition and Class Materials:** 1 week minimum-group 20 Italian 45 minute lessons per week in group of 5- 12 students per class.
- **Cooking Lessons:** One 3 hour lesson per week
- **Lodging:** In a Student Residence or Homestay
- **Placement Testing**
- **1-2 Organized Activities Weekly***
- * Entrance fees, transportation, etc. may be at additional cost.
- **Access to E-mail**
- **Access to Multimedia Learning Center**
- **Certificate of Completion**
- **Pre-Departure Information**
- **Planning Guide**
- **Medical, Accident and Sickness Coverage ****
- ** See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

FULL PROGRAM DESCRIPTION

STUDY PROGRAM

The study portion of the program includes 20 hours per week of Group Italian classes with a 1 week minimum. Maximum number of students per class is 5, with the average being 2 students. Groups are organized in a way that each will always consist of students possessing the same level of Italian.

All of our teachers are native speakers with university educations and are very experienced teaching Italian to foreigners. Most have learned a second language themselves and understand the student's perspective.

The method is based on the 4 language skills: listening, grammar, oral and written comprehension. No English will be used in class. Classes are 45 minutes in length.

COOKING LESSONS

Our cooking course will enable you to prepare typical Italian meals and to learn recipes from the various regions of Italy. The course is based one meeting of approximately 3 hours a week and shaped for all potential participants, also for the novice who is interested in learning about cooking.

During each lesson the students prepare and cook a different complete menu which consists of typical dishes of Italian cuisine in the tradition of genuine simplicity. At the beginning of each lesson the teacher explains the menu of the day and distributes the work. During the preparation and the cooking of the food, the teacher demonstrates, explains and gives valuable hints and tips. The students prepare the table and dine together. Each student or pair of students presents and serves to the others the dish they have prepared.

This course is organized in such a way that the students can experience with their own hands the way of cooking in the Italian style. Participants receive a recipe book including a vocabulary in several languages.

LODGING OPTIONS

ROOMS IN AN APARTMENT WITH OTHER STUDENTS

The apartments generally have two or more bedrooms. The kitchen and bathroom are shared with others in the apartments.

Participants in the language course live in an apartment with other students from our Italian courses and/or Italian students.

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ROOMS IN SHARED APARTMENT

Participants in the Italian language courses live with local residents (rarely families with children, more likely young couples or people living alone). The kitchen and bathroom are shared with the others in the apartment. Breakfast or half-board service is available on request. We recommend reserving the rooms as far in advance as possible.

In both types of shared apartments, you can reserve a single or double room in two-week blocks, specifically from the Sunday before the course begins to the Saturday immediately following the end of the course.

Room includes gas, electricity and sheets. Towels are not provided. If a room is not available in one of the student apartments, the school will reserve a room in an apartment with locals, or viceversa. Rooms are not booked for participants in the non-intensive courses. In the private local apartments, it is possible to request breakfast or half-board service.

PRICE RANGE

Cost of 1 week of classes, 3 hours of cooking lessons a week, and 1 week of housing ranges from:

\$1,064 → \$1,177**

**Prices range according to housing and board options.

ELIGIBILITY AND GUIDELINES

U.S. citizens traveling with regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance of arrival.

Minimum age of 18 unless accompanied by an adult.

ACTIVITIES

The school offers leisure activities on a regular basis such as:

- Dinners, which enable teachers and students to get to know each other better
- Guided visits in History of Art
- Film evenings at school
- Day and half-day excursions
- Visit to wine cellars

HOW TO REGISTER

To register for the ITALIAN & COOKING program in Rome, either follow the link below or call 1-888-678-6211.

<http://www.nrcsa.com/reg/online/regform.html>

When you register, \$140 USD is due to secure your place in the program.