



# FRENCH & COOKING

## ROUEN, FRANCE

### PROGRAMS START EVERY MONDAY



#### **PROGRAM DESCRIPTION**

This French & Cooking program enables you to combine a French course with cooking lessons. This unique program offers exciting hands-on cooking classes, meaningful cultural immersion, and an enriching language program.

#### **CITY AND COUNTRY INFO**

Rouen is the historic capital city of Normandy, in northern France on the River Seine, and currently the capital of the Haute-Normandie (Upper Normandy) region. Once one of the largest and most prosperous cities of medieval Europe, Rouen was the seat of the Exchequer of Normandy in the Middle Ages. It was one of the capitals of the Anglo-Norman dynasties, which ruled both England and large parts of modern France from the 11th to the 15th centuries. It was in Rouen where Joan of Arc was burned in 1431.

Rouen has much to offer visitors. Only an hour northwest of Paris, Rouen is situated in an excellent location. Being the historical and cultural capital of Normandy, there is much to do in this ornate city with fantastic shopping and a lively social atmosphere. The art lover will also be pleased studying in Rouen, as it has famous links with art and literature. For the history buff, Rouen is close to the Normandy coast, where the infamous World War II D-Day landing beaches reside.

#### **HIGHLIGHTS OF PROGRAM**

After participating in this French & Cooking Program in Rouen, students will gain experience in foreign culinary styles and programs, greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally, and combine travel, academics, and passion for food and cooking into one incredible life-changing experience.



## *What's Included*

- **Tuition and Class Materials:** 1 week minimum-group 10 French 45 minute lessons per week in group of 5- 12 students per class.
- **Cooking Lessons:** 3 lunches (speciality dishes), 3 afternoon culinary sessions and an orientation session.
- **Lodging:** Homestay
- **Placement Testing**
- **1-2 Organized Activities Weekly\***  
\* Entrance fees, transportation, etc. may be at additional cost.
- **Access to E-mail**
- **Access to Multimedia Learning Center**
- **Certificate of Completion**
- **Pre-Departure Information**
- **Planning Guide**
- **Medical, Accident and Sickness Coverage \*\***  
\*\* See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

## **FULL PROGRAM DESCRIPTION**

### **STUDY PROGRAM**

The study portion of the program includes 10 hours per week of Group French classes with a 1 week minimum. Maximum number of students per class is 5, with the average being 2 students. Groups are organized in a way that each will always consist of students possessing the same level of French.

All of our teachers are native speakers with university educations and are very experienced teaching French to foreigners. Most have learned a second language themselves and understand the student's perspective.

The method is based on the 4 language skills: listening, grammar, oral and written comprehension. No English will be used in class. Classes are 45 minutes in length.

Our program is divided into 6 levels of study. The first 4 are concentrated on grammar, vocabulary, practical situations, and conversation. The next 2 levels, advanced and superior, focus mainly on conversation and advanced reading and writing topics.

### **COOKING LESSONS**

This course is a must for those wishing to combine language learning with the art of cookery and Normandy is the ideal place to do it.

We offer expert culinary demonstration and practice on top of our language skills program and at the end of the course you will be able to prepare a sumptuous regional menu. Included is: 3 lunches (speciality dishes), 3 afternoon culinary sessions and an orientation session.

## **LODGING OPTIONS**

### **HOMESTAY**

The majority of families are within walking distance of the school, approximately 5 to 20 minutes. Student are placed with a variety of carefully selected families, and we do our best to accommodate all special requests. Many students find that living with local French families helps to improve language skills and understanding and appreciation of the culture.

**Half-board or full board:** Stay with a homestay family and it includes breakfast and dinner and you have lunch elsewhere and cannot use your host's kitchen (half board) or all 3 meals daily are provided (full board). This type of accommodation encourages linguistic and cultural immersion.

**Bed & breakfast:** Stay with a homestay family and it includes breakfast; you have your other meals elsewhere and you cannot use the kitchen unless they agree. This kind of accommodation is recommended for people who want to be independent - contact with your host family is rather limited.

## **PRICE RANGE**

Cost of 1 week of classes, cooking program, and 1 week of housing ranges from:

**\$1,930 → \$2,218\*\***

\*\*Prices range according to housing and board options.

## **ELIGIBILITY AND GUIDELINES**

U.S. citizens traveling with regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance of arrival.

Minimum age of 18 unless accompanied by an adult.

## **ACTIVITIES**

The school offers a full and varied program of cultural visits, sports, social outings and excursions through the year. Details vary from week to week and from season to season.

Activities include:

- Museum visits
- Visits to local radio and tv stations.
- Horticultural garden visits
- Social games
- Restaurant evenings
- Theatre and cinema visits

## **HOW TO REGISTER**

To register for the FRENCH & COOKING program in Rouen, either follow the link below or call 1-888-678-6211.

<http://www.nrcsa.com/reg/on-line/regform.html>

When you register, \$140 USD is due to secure your place in the program.