



# SPANISH & COOKING SAN SEBASTIAN, SPAIN STARTS THROUGHOUT YEAR



## **PROGRAM DESCRIPTION**

This Spanish & Cooking program enables you to combine a Spanish course with cooking lessons. This unique program offers exciting hands-on cooking classes, meaningful cultural immersion, and an enriching language program.

## **CITY AND COUNTRY INFO**

A family resort town of long standing, San Sebastian rests on the bay of La Concha in northwestern Spain and is surrounded by rolling low hills and has three very nice beaches. The average temperature in summer is around 22C°/72F°, with winter coming in at 8C°/47F°. The town offers endless possibilities to enjoy your free time: lively nightlife, the Alde Zaharra or Parte Vieja (Old Part) , romantic walks along the beach, the Castle or the Wind Comb, excursions, museums, exhibitions, 40 cinema theatres, cultural centers, and the congress center just to name a few.

A stop at the Brecha Market is a must, a traditional market which now a shopping and entertainment centre, but fresh local products are still available. The name "Brecha" refers to the market's location, the point in the old city wall where the Anglo-Portuguese artillery opened up a breach (brecha) during the 1813 siege. Constitución Square, or the "Consti" as the locals call it, is a great place to relax and people-watch.

San Sebastian is not short on festivals either, with something new happening all year round: a Jazz Festival, International Film Festival and Horror Film Festival, and of course Carnival.

## **HIGHLIGHTS OF PROGRAM**

After participating in this Spanish & Cooking Program in San Sebastian, students will gain experience in foreign culinary styles and programs, greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally, and combine travel, academics, and passion for food and cooking into one incredible life-changing experience.



## *What's Included*

- **Tuition and Class Materials:** 1 week minimum-group 20 Spanish 45 minute lessons per week in group of 5- 12 students per class.
- **Cooking Lessons:** 2 hours per lesson, 4 lessons per week
- **Lodging:** In a Shared Apartment or Homestay
- **Placement Testing**
- **1-2 Organized Activities Weekly\***  
\* Entrance fees, transportation, etc. may be at additional cost.
- **Access to E-mail**
- **Access to Multimedia Learning Center**
- **Certificate of Completion**
- **Pre-Departure Information**
- **Planning Guide**
- **Medical, Accident and Sickness Coverage \*\***  
\*\* See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

## **FULL PROGRAM DESCRIPTION**

### **STUDY PROGRAM**

The study portion of the program includes 20 hours per week of Group Spanish classes with a 1 week minimum. Maximum number of students per class is 5, with the average being 2 students. Groups are organized in a way that each will always consist of students possessing the same level of Spanish.

All of our teachers are native speakers with university educations and are very experienced teaching Spanish to foreigners. Most have learned a second language themselves and understand the student's perspective.

The method is based on the 4 language skills: listening, grammar, oral and written comprehension. No English will be used in class. Classes are 45 minutes in length.

Our program is divided into 6 levels of study. The first 4 are concentrated on grammar, vocabulary, practical situations, and conversation. The next 2 levels, advanced and superior, focus mainly on conversation and advanced reading and writing topics.

### **COOKING LESSONS**

You may add this cooking course to any intensive Spanish course. The course is led by a professional chef at our "Sociedad Gastronomica" for 2 hours per day, Tuesday through Friday. The first day will include shopping for ingredients in a local market and an introductory visit to the Sociedad.

## **LODGING OPTIONS**

### **HOMESTAY**

Living with a family provides many wonderful opportunities for students studying Spanish or Basque as a foreign language. Students are better able to understand and view how individuals really live in the target country, what their interests and opinions are. Homestay accommodations also provide students with a semi-structured environment vital to practicing conversation and refining communication skills.

The school works with a large number of extremely responsible, trustworthy families with various lifestyles to enable students to fit in with the one that best suits their needs.

### **SHARED APARTMENT**

This is the most independent option. Students have their own room with a desk, and the facilities are shared: the living room, kitchen, bathrooms, washing machine. The apartments are modest and students must share in housework (cleaning, washing up, taking down the garbage, etc). The school cleans the communal facilities every two weeks.

## **PRICE RANGE**

Cost of 1 week of classes, 4 cooking lessons of 2 hours each, and 1 week of housing ranges from:

**\$977 → \$1,126\*\***

\*\*Prices range according to housing and board options.

## **ELIGIBILITY AND GUIDELINES**

U.S. citizens traveling with regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance of arrival.

Minimum age of 18 unless accompanied by an adult.

## **ACTIVITIES**

The school organizes many activities, sports and excursions for students such as:

- Intercambio parties,
- Talks and lectures
- International meals and visits to cultural centers
- Golf
- Tennis
- Horseback riding
- Surfing
- Football and volleyball
- Bike rides
- Visits to the villages along the coast
- The Aquarium
- Guggenheim museum in Bilbao
- Pamplona
- France

\*Some are at an additional cost

## **HOW TO REGISTER**

To register for the SPANISH & COOKING program in San Sebastian, either follow the link below or call 1-888-678-6211.

<http://www.nrcsa.com/reg/online/regform.html>

When you register, \$140 USD is due to secure your place in the program.