



ITALIAN & COOKING

SIENA, ITALY

PROGRAMS START WEEKLY



PROGRAM DESCRIPTION

This Italian & Cooking program enables you to combine an Italian course with cooking lessons. This unique program offers exciting hands-on cooking classes, meaningful cultural immersion, and an enriching language program.

CITY AND COUNTRY INFO

Siena has an abundance of artistic and historical points of interest. There is the wonderful Piazza del Campo, in the form of a shell, dominated by the Gothic Public Palace, containing masterpieces by Simone Marini and Lorenzetti and the slender Torre del Mangia. No less important is the group by Duomo and Baptistery: the Cathedral proudly presents great works of art such as the Pulpit by Nicola Pisano. The adjoining museum preserves the "Maesta," a famous painting by Duccio di Buoninsegna.

Churches, palaces and museums abound in Siena. The Gothic Basilica of San Domenico; the Salimbeni Palace; the church of Saint Francis with frescoes by Lorenzetti; the superb Palazzo Tolomei; Santa Maria dei Servi, in a romantically isolated position with many precious paintings; the rich Art Gallery in Palazzo Bonsignori and the Archaeological and Etruscan Museum. Siena is a charming medieval city filled with interesting architecture and friendly people and the school is located in the historical center.

HIGHLIGHTS OF PROGRAM

After participating in this Italian & Cooking Program in Siena, students will gain experience in foreign culinary styles and programs, greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally, and combine travel, academics, and passion for food and cooking into one incredible life-changing experience.



What's Included

- **Tuition and Class Materials: 1 week**
minimum-group 20 Italian 45 minute lessons per week in group of 5- 12 students per class.
- **Cooking Lessons:** One 3 hour lesson per week
- **Lodging:** In a Student Residence or Homestay
- **Placement Testing**
- **1-2 Organized Activities Weekly***
* Entrance fees, transportation, etc. may be at additional cost.
- **Access to E-mail**
- **Access to Multimedia Learning Center**
- **Certificate of Completion**
- **Pre-Departure Information**
- **Planning Guide**
- **Medical, Accident and Sickness Coverage ****
** See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

FULL PROGRAM DESCRIPTION

STUDY PROGRAM

The study portion of the program includes 20 hours per week of Group Italian classes with a 1 week minimum. Maximum number of students per class is 5, with the average being 2 students. Groups are organized in a way that each will always consist of students possessing the same level of Italian.

All of our teachers are native speakers with university educations and are very experienced teaching Italian to foreigners. Most have learned a second language themselves and understand the student's perspective.

The method is based on the 4 language skills: listening, grammar, oral and written comprehension. No English will be used in class. Classes are 45 minutes in length.

COOKING LESSONS

Beginner

These group demonstration sessions can be taken twice a week in the evening. Under the expert guidance of our friendly chef, students learn how to prepare traditional Italian dishes, which vary according to the fresh ingredients available each season. At the end of each session, all participants eat what they have prepared together. This course is designed for people who wish to learn the secrets of Italian gastronomy as a complement to their Italian language studies.

Advanced

We have developed a program aimed exclusively at food professionals that are interested in discovering the secrets of Tuscan cuisine. This program develops the participants' potential in gourmet cooking to the utmost by giving them a professional outlook to Tuscan cuisine. The courses oversee culinary sessions at a professional level for different food areas. The class emphasizes preparation of a wide variety of dishes and the study and use of essential ingredients such as wine, spices and olive oil. Participants also visit a vineyard, a wine cellar, a butcher's shop and other retail and wholesale shops.

LODGING OPTIONS

HOMESTAY

Single or double room, with breakfast, or half board. Most of the host families have worked with us for many years. Living with a host family offers you the opportunity to become quickly into the Italian society. Nowhere else will you so directly experience real Italian life. The word 'family' should not be taken too literally, because your family could also be a single parent or a childless couple who take in students because they enjoy the company. You can choose between a room with breakfast or half-board (breakfast and dinner).

SHARED APARTMENT

Shared apartments include single or double room, shared use of kitchen, bathroom and shower, living room and other common areas. You share a flat or floor of a house either with other students from our school, with other Italian students or with the owner. In selecting the apartments, we do not look for luxury and comfort in material sense, but the apartments are furnished with all essential utilities (bed, table, chair, wardrobe). Kitchen and bathroom are of common use.

In the fully equipped kitchen you can prepare your meals separately or together with your roommates and fellow students. Normally there is no telephone in the apartment. In any case, our schools can provide you with cell phone rental services.

PRICE RANGE

Cost of 1 week of classes, 3 hours of cooking lessons a week, and 1 week of housing ranges from:

\$1,013 → \$1,184**

**Prices range according to housing and board options.

ELIGIBILITY AND GUIDELINES

U.S. citizens traveling with regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance of arrival.

Minimum age of 18 unless accompanied by an adult.

ACTIVITIES

The school offers leisure activities on a regular basis such as:

- Dinners, which enable teachers and students to get to know each other better
- Guided visits in History of Art
- Film evenings at school
- Day and half-day excursions
- Visit to wine cellars

HOW TO REGISTER

To register for the ITALIAN & COOKING program in Siena, either follow the link below or call 1-888-678-6211.

<http://www.nrcsa.com/reg/online/regform.html>

When you register, \$140 USD is due to secure your place in the program.