



ITALIAN & COOKING

VIAREGGIO, ITALY

PROGRAMS START EVERY MONDAY



PROGRAM DESCRIPTION

This Italian & Cooking program enables you to combine an Italian course with cooking lessons. This unique program offers exciting hands-on cooking classes, meaningful cultural immersion, and an enriching language program.

CITY AND COUNTRY INFO

Viareggio is one of the most traditional and famous seaside resorts of Tuscany. The wide, endless beaches, the excellent cuisine and the exciting night life with its well-known discus of the 'Versilia' - all contribute to render Viareggio a favorite holiday resort. A visit to Viareggio means meeting young Italians and enjoying the seafood specialties of Tuscany. During the whole season the local tourist office organizes various activities offered to all guests in the city. Viareggio is the ideal resort for all those who love sunshine, the sea, and enjoying themselves.

Behind Viareggio, the Apuanian Mountains with their virgin countryside invite you to take part in fascinating excursions. Situated a few miles from Pisa, Viareggio offers good train and bus connections (just 1 hour from Florence) and the chance to visit Pisa, Florence, the Cinque Terre and the island of Elba.

HIGHLIGHTS OF PROGRAM

After participating in this Italian & Cooking Program in Viareggio, students will gain experience in foreign culinary styles and programs, greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally, and combine travel, academics, and passion for food and cooking into one incredible life-changing experience.



What's Included

- **Tuition and Class Materials:** 1 week minimum-group 20 Italian 45 minute lessons per week in group of 5- 12 students per class.
- **Cooking Lessons:** 5 afternoon cooking lessons per week (3 hours per lesson)
- **Lodging:** In a Student Residence or Homestay
- **Placement Testing**
- **1-2 Organized Activities/Excursions Weekly***
* Entrance fees, transportation, etc. may be at additional cost.
- **Access to E-mail**
- **Access to Multimedia Learning Center**
- **Certificate of Completion**
- **Pre-Departure Information**
- **Planning Guide**
- **Medical, Accident and Sickness Coverage ****
** See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

FULL PROGRAM DESCRIPTION

STUDY PROGRAM

The study portion of the program includes 20 hours per week of Group Italian classes with a 1 week minimum. Maximum number of students per class is 5, with the average being 2 students. Groups are organized in a way that each will always consist of students possessing the same level of Italian.

All of our teachers are native speakers with university educations and are very experienced teaching Italian to foreigners. Most have learned a second language themselves and understand the student's perspective.

The method is based on the 4 language skills: listening, grammar, oral and written comprehension. No English will be used in class. Classes are 45 minutes in length.

COOKING LESSONS

This course is a fine opportunity for students to familiarize with the culinary Italian traditions.

During the course the participants will practically learn the basic elements of the Italian cookery, such as

- pasta
- stews
- bread and pizza

As well as the typical dishes of Italian regional cuisine, such as

- saffron rice from Lombardy
- pasta alla norma from Sicily.

The course is held in a typical Italian kitchen in contact with an Italian family and meets 5 times a week for 3 hours each meeting.

LODGING OPTIONS

HOMESTAY

Single or double room, with breakfast, or half board. Most of the host families have worked with us for many years. The families know from experience what the role of a host is. Living with a host family offers you the opportunity to become quickly into the Italian society. Nowhere else will you so directly experience real Italian life. The word 'family' should not be taken too literally, because your family could also be a single parent or a childless couple who take in students because they enjoy the company. You can choose between a room with breakfast or half-board (breakfast and dinner). You will be given hospitality by families or single ladies who will introduce you to genuine Italian cooking as well as our way of life.

SHARED APARTMENT

Single or double room, shared use of kitchen, bathroom and shower, living room and other common areas. You share a flat or floor of a house either with other students from our school, with other Italian students or with the owner. In selecting the apartments, we do not look for luxury and comfort in material sense, but the apartments are furnished with all essential utilities (bed, table, chair, wardrobe). Kitchen and bathroom are of common use.

In the fully equipped kitchen you can prepare your meals separately or together with your flatmates and fellow students. Normally there is no telephone in the apartment. In any case, our schools can provide you with cell phone rental services. Very often in Pisa, though not always, there is an Italian in these flats who is responsible for the running of the flat

PRICE RANGE

Cost of 1 week of classes, 5 cooking lessons a week, and 1 week of housing ranges between:

\$989 → \$1,199**

**Cost ranges according to lodging and board options

ELIGIBILITY AND GUIDELINES

U.S. citizens traveling with regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance of arrival. Minimum age of 18 unless accompanied by an adult.

ACTIVITIES AND EXCURSIONS

The Center informs students continuously about cultural and sporting events and organizes a large variety of leisure activities:

- Guided visits in History of Art (to Pisa, Pietrasanta, Lucca, Torre del Lago Puccini etc.
- Dinners, which enable teachers and students to get know each other better
- Every Thursday a "Spaghetтата sul mare" (a spaghetti-party on the strand)
- Every weekend students will be informed about a day excursion to Florence, Cinque Terre, or Elba Isle

*Activities are subject to change and may be at an additional cost.

HOW TO REGISTER

To register for the ITALIAN & COOKING program in Viareggio, either follow the link below or call 1-888-678-6211.

<http://www.nrcsa.com/reg/on-line/regform.html>

When you register, \$140 USD is due to secure your place in the program.