

## STUDY & INTERNSHIP PROGRAM MOSCOW, RUSSIA





#### PROGRAM DESCRIPTION

This Study & Internship program combines a minimum 4 week Standard Group Russian Study program followed up with a minimum 2 week Internship Work Experience placement in the community. All internship opportunities will work in partnership with local people in a variety of community-based projects. This unique program offers exciting hands-on work opportunities, meaningful cultural immersion, and an enriching language program.



#### CITY AND COUNTRY INFO

Since the fourteenth century, Moscow has maintained and propagated a sense of its own destiny. With its lively street life, dense city traffic and neon advertising, Moscow is becoming more and more like a western metropolis. Nevertheless, old Russia is still evident. The innumerable churches with their onion-shaped towers, the old buildings and palaces and, of course, Red Square and the Kremlin, give the city center a unique character. Moscow is both familiar and exotic, and perhaps that is its special charm.

The splendid palaces of the tzars, the world famous Red Square, majestic church towers and impressive underground stations; the hectic pace of modern life in Moscow unfolds against the backdrop of its glorious past. Day and night, the sheer diversity of life is simply fascinating, as are the people with their incomparable warmth and hospitality. The city of 10 million inhabitants is indeed the "Soul of Russia".

The weather in Moscow is variable, with average temperatures in summer reaching 25-30°C/77-86°F. There are often thunderstorms in August and cooler weather in the second half of the month.

#### HIGHLIGHTS OF PROGRAM

After participating in this Study & Internship Program in Moscow students will gain unique cross-cultural professional experience, greatly improved foreign language abilities, personal and professional growth and confidence both nationally and internationally, and culturally sensitive yet sound communication skills.

## What's Included

- Tuition and Class Materials: 4 week minimum-20 Russian 60 minute lessons per week. Maximum of 8 students per class.
- Internship Placement: in local Business or Organization
- Lodging: In a Homestay or Other Accommodation
- Placement Testing
- 1-2 Organized Activities Weekly\*
- \* Entrance fees, transportation, etc. may be at additional cost.
- Access to E-mail

- Access to Multimedia Learning Center
- Certificate of Completion
- Pre-Departure Information
- Planning Guide
- Medical, Accident and Sickness Coverage \*\*
- \*\* See policy for definitions and exclusions.
- Medivac Coverage
- Other Travel Coverage: repatriation, baggage, personal effects, accidental death and dismemberment, etc.
- 24 Hour Emergency Multilingual Hotline: call collect from anywhere in the world

## **FULL PROGRAM DESCRIPTION**

#### STUDY PROGRAM

The study portion of the program includes 20 lessons per week. Communicative teaching methods with small groups of maximum 8 students per class make this popular course a pleasurable and enriching experience for everyone participating. Group courses are offered from February to October with a minimum course length of 4 weeks.

The programs are intensive and demand full participation from the student. It also helps if the student has a certain amount of self-discipline to practice outside of the classroom. Most students find, however, that this intensive approach is the fastest way to learn Russian. The serious, yet pragmatic, approach to language teaching does not hinder the staff from maintaining an informal atmosphere in and around the NRCSA Center. Teachers, teaching plans, and textbooks are all geared towards a comparatively high speed of learning.

#### INTERNSHIP PROGRAM

After the minimum 4 week study program, there is a 2 week minimum internship placement in a business or organization in Moscow or the surrounding areas. Students can choose from a variety of available internships such as:

- English Language Teacher
- Legal Assistant
- Financial Assistant
- Translation
- · Web Copywriter

Students should indicate on their application form which sector or industry they are interested in working in (e.g. tourism, insurance, architecture, etc.). We will then do our best to find a position in a company working in each student's preferred field. Please note that the more specialized the request, the more difficult it is to find a suitable company. Similarly, if students are prepared to be flexible, finding a company willing to offer work experience will normally be relatively quick and straightforward.

## **LODGING OPTIONS**

Homestays are the preferred option for most students, and all families are regularly inspected. Students can expect to find clean, spacious, middle-class rooms furnished with one bed or sofa bed, wardrobe, desk with light, chair, and a mirror. Bathroom and kitchen are shared with the family. All apartments have a telephone. Breakfast and dinner are always included. Lunch is offered in the school's cafeteria at additional cost, and can be purchased prior to departure. Linen will be changed every two weeks. Clean towels are available once a week. Maximum travel time to the school is 50 minutes, average travel time door to door is 40 minutes. Half the families live in the center, the other half in modern suburban areas of Moscow.

Participants specify the preferred type of host-family when signing up. These preferences will be taken into consideration, but we cannot make any guarantee that they will always be met absolutely. Families are usually selected without any foreign language knowledge (English speaking Russians are desperate for English conversation). However, if a participant feels uneasy about this approach, we will try to find him/her a place to live where English is spoken. Experience shows that even absolute beginners will be able to communicate after the first few days.

### OTHER ACCOMMODATION

Hotel and apartment lodging is also available upon request and at additional cost.

## PRICE RANGE

Cost of minimum 4 weeks of classes, minimum of 2 weeks of internship placement and orientation, and minimum of 6 weeks total of housing ranges between:

 $\$4.461 \rightarrow \$4.837**$ 

\*\*\*Prices range according to housing and board options.

# ELIGIBILITY AND GUIDELINES

U.S. citizens traveling with regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance of arrival.

Minimum age of 18 undergraduate, graduate students and adults with an undergraduate degree or higher are eligible. Prior experience or classes in the field of the internship placement and a Russian Background (minimum of Russian A2 level) are required. Internship positions on a space available basis. These are unpaid positions and there is a limited number of positions every month.

## **ACTIVITIES**

To ensure that students have the opportunity to acquaint themselves with the magnificent city of Moscow, there are at least two organized outings a week. Some examples of past outings include:

- Theater Visits (opera/drama/ballet)
- Theme Excursions (e.g. on Russian orthodoxy, Katherine the Great)
- · Trips to the Hermitage
- Excursions to the countryside and to other cities, such as Pushkin, Pavlovsk, Novgorod or St. Petersburg
- A Weekend at a Dacha during summer time

## **HOW TO REGISTER**

To register for the STUDY & INTERNSHIP PROGRAM in Moscow, either follow the link below or call 1-888-678-6211.

http://www.nrcsa.com/reg/online/regform.html

Also, you will have to send your Curriculum Vitae/Resume in Russian OR English, typewritten by email to study@nrcsa.com or fax at 414-271-8884.

When you register, \$140 USD is due to secure your place in the program.