

# STUDY & INTERNSHIP PROGRAM ST. PETERSBURG, RUSSIA

**PROGRAMS DURING FEBRUARY** → **OCTOBER** 



### PROGRAM DESCRIPTION

This Study & Internship program combines a minimum 4 week Standard Group Russian Study program followed up with a minimum 2 week Internship Work Experience placement in the community. All internship opportunities will work in partnership with local people in a variety of community-based projects. This unique program offers exciting hands-on work opportunities, meaningful cultural immersion, and an enriching language program.



### CITY AND COUNTRY INFO

St. Petersburg is located at the mouth of the Neva River which flows east from Lake Ladoga into the Gulf of Finland. Home to almost five million people, Petersburg lies across more than forty islands created by the Neva delta. St. Petersburg is not all that far from the Arctic Circle which means long and harsh winters with average daytime temperatures of -5 to -10° Celsius (14 to 23° Fahrenheit) when the sun spends a few hazy hours above the horizon before disappearing for the next eighteen.

While the city is only 300 years old, it has a very rich history. Built by tsar Peter I to provide sea access and a connection to Europe, St. Petersburg developed into a thriving European metropolis and briefly became the capital of the Russian Empire. However, the city's time as a "window to Europe" came to an end in 1918 when Lenin moved Russia's capital back to Moscow and the city began a transformation to a proletarian city. However, through transformations, several name changes and the sieges of World World II, St. Petersburg has persevered, and the city tells a story of it's history. Almost all of the "sights" in St. Petersburg are located in the historic city center, where you will undoubtably spend time strolling down Nevsky Prospekt, St.Petersburg's main street. Nevsky's 4.5 kilometer (2.8 mile) stretch from the Admiralty in the north to the Alexander Nevsky Monastery in the southeast is lined with shops, bars, restaurants, fancy hotels, and a never-ending tidal wave of pedestrian traffic often harder to navigate than a cavalry charge.

#### HIGHLIGHTS OF PROGRAM

After participating in this Study & Internship Program in St. Petersburg, students will gain unique cross-cultural professional experience, greatly improved foreign language abilities, personal and professional growth and confidence both nationally and internationally, and culturally sensitive yet sound communication skills.

## What's Included

### Tuition and Class Materials:4 week

minimum-20 Russian 60 minute lessons per week. Maximum of 8 students per class.

- Internship Placement: in local Business or Organization
- Lodging: In a Homestay or Other Accommodation
- Placement Testing
- 1-2 Organized Activities Weekly\*
- \* Entrance fees, transportation, etc. may be at additional cost.
- Access to E-mail

- Access to Multimedia Learning Center
- Certificate of Completion
- Pre-Departure Information
- Planning Guide
- Medical, Accident and Sickness Coverage \*\*
- \*\* See policy for definitions and exclusions.
- Medivac Coverage
- Other Travel Coverage: repatriation, baggage, personal effects, accidental death and dismemberment, etc.
- 24 Hour Emergency Multilingual Hotline: call collect from anywhere in the world

### FULL PROGRAM DESCRIPTION

#### STUDY PROGRAM

The study portion of the program includes 20 lessons per week. Communicative teaching methods with small groups of maximum 8 students per class make this popular course a pleasurable and enriching experience for everyone participating. Group courses are offered from February to October with a minimum course length of 4 weeks.

The programs are intensive and demand full participation from the student. It also helps if the student has a certain does of self-discipline to continue their studies and to practice outside of the classroom. Must students find, however, that this intensive approach is the fastest way to learn Russian. The serious, yet pragmatic, approach to language teaching does not hinder the staff from maintaining an informal atmosphere in and around the NRCSA Center.

#### **INTERNSHIP PROGRAM**

After the minimum 4 week study program, there is a 2 week minimum internship placement in a business or organization in St. Petersburg or the surrounding areas. Students can choose from a variety of available internships such as:

- English Language Teacher
- Legal Assistant
- Financial Assistant
- Translation
- Sales/ Marketing Assistant

Students should indicate on their application form which sector or industry they are interested in working in (e.g. tourism, insurance, architecture, etc.). We will then do our best to find a position in a company working in each student's preferred field. Please note that the more specialized the request, the more difficult it is to find a suitable company. Similarly, if students are prepared to be flexible, finding a company willing to offer work experience will normally be relatively quick and straightforward.

### **LODGING OPTIONS**

#### HOMESTAY

Homestays are the preferred option for most students and all families are regularly inspected. Students can expect to find clean, spacious, middle-class rooms furnished with one bed or sofa bed, wardrobe, desk with light, chair, and a mirror. Bathroom and kitchen are shared with the family. All apartments have a telephone. Breakfast and dinner are always included. Lunch is offered in the school's cafeteria at additional cost, and can be purchased prior to departure. Linen will be changed every two weeks. Clean towels are available once a week. Maximum travel time to the school is 50 minutes, average travel time door to door is 40 minutes. Half the families live in the center, the other half in modern suburban areas of St. Petersburg.

Participants specify the preferred type of host-family when signing up. These preferences will be taken into consideration, but we cannot make any guarantee that they will always be met absolutely. Families are usually selected without any foreign language knowledge (English speaking Russians are desperate for English conversation). However, if a participant feels uneasy about this approach, we will try to find him/her a place to live where English is spoken. Experience shows that even absolute beginners will be able to communicate after the first few days.

#### OTHER ACCOMMODATION

Hotel and apartment lodging is also available upon request and at additional cost.

### PRICE RANGE

Cost of minimum 4 weeks of classes, minimum of 2 weeks of internship placement and orientation, and minimum of 6 weeks total of housing ranges between:

### **\$4,201** → **\$4,616\*\***

\*\*\*Prices range according to housing and board options.

### <u>ELIGIBILITY AND</u> <u>GUIDELINES</u>

U.S. citizens traveling with regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance of arrival.

Minimum age of 18 undergraduate, graduate students and adults with an undergraduate degree or higher are eligible. Prior experience or classes in the field of the internship placement and a Russian background (must have at least a Russian A2 level) are required. Internship positions on a space available basis. These are unpaid positions and there is a limited number of positions every month.

### <u>ACTIVITIES</u>

To ensure that students have the opportunity to acquaint themselves with the magnificent city of St. Petersburg, there are at least two organized outings a week. Some examples of past outings include:

- Theater Visits
  (opera/drama/ballet)
- Theme Excursions (e.g. on Russian orthodoxy, Katherine the Great)
- Trips to the Hermitage
- Excursions to the countryside and to other cities, such as Pushkin, Pavlovsk, Novgorod or Moscow.
- A Weekend at a Dacha during summer time

### HOW TO REGISTER

To register for the STUDY & INTERNSHIP PROGRAM in St. Petersburg either follow the link below or call 1-888-678-6211.

#### http://www.nrcsa.com/reg/online/regform.html

Also, you will have to send your Curriculum Vitae/Resume in Russian OR English, typewritten by email to study@nrcsa.com or fax at 414-271-8884.

When you register, \$140 USD is due to secure your place in the program.