



SPANISH for MATURE ADULTS

CUERNAVACA MEXICO

START DATES THROUGHOUT THE YEAR



PROGRAM DESCRIPTION

This Spanish for Mature Adults program enables you to enjoy learning Spanish with other individuals above the age of 50. This tailored program offers exciting group lessons, meaningful cultural immersion, and an enriching language experience.

CITY AND COUNTRY INFO

Cuernavaca, better known as "The City of Eternal Spring," is the capital of the state of Morelos. It stretches across a beautiful green valley and, at about 4,950 feet above sea level, enjoys a lovely average year-round temperature of 70 to 80 degrees Fahrenheit. The state is also known for being the birthplace of Emiliano Zapata, beloved hero of the Mexican Revolution. Today in Morelos, one still encounters the progressive spirit that he inspired here, making the city a center that hosts a myriad of activists, writers, musicians, and a growing environmental movement.

Cuernavaca and the surrounding area, in addition, boast impressive biodiversity, dramatic mountains, abundant and colorful vegetation, and striking examples of colonial architecture. Furthermore, the presence of indigenous peoples, primarily Nahuatl-speaking, enriches the cultural landscape and serves as testimony to Mexico's great plurality.

HIGHLIGHTS OF PROGRAM

After participating in this Spanish program in Cuernavaca, students will greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally. Combining travel, academics, and passion for language into one program ensures one incredible life-changing experience. This nine-day program is designed for retirees to get a taste of the heart of Mexico while learning Spanish and enjoying cultural outings. You'll gain an understanding of the fascinating, diverse, and warm Mexican culture through first-hand experiences and interactions with local people.



What's Included

- **Tuition and Class Materials:** 9 day program
 - Spanish group lessons for 2 hours a day - 5 students maximum per class.
- **Age:** over 55
- **Lodging:** In a Homestay or hotel
- **Airport Transfer:** available upon request at an additional cost
- **Cultural Lessons and Excursions Daily***
 - * Entrance fees, transportation, etc. may be at additional cost.
- **Welcome Package**
- **Access to E-mail, Telephone, and Fax**
- **Placement Testing:** first day placement levels for beginner, intermediate, and advanced
- **Certificate of Completion**
- **Medical, Accident and Sickness Coverage ****
 - ** See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

FULL PROGRAM DESCRIPTION

STUDY PROGRAM

The study portion of the program includes 2 instructional hours of Spanish every weekday. Maximum number of students per class is 5. Groups are organized in a way that each will always consist of students possessing the same level of Spanish. The overall atmosphere of the classes are relaxed and enjoyable.

All of our teachers are native speakers with university educations and are very experienced teaching Spanish to foreigners. The small classes enable teachers to give individual attention to each student. The staff strives to create and maintain a comfortable atmosphere, and encourages spontaneous conversational exchange and productive social activities.

The method is based on the 4 language skills: listening, grammar, oral and written comprehension. Students of all levels are welcome to this program.

MATURE ADULTS PROGRAM

This nine-day program is designed for retirees to get a taste of the heart of Mexico while learning Spanish and enjoying cultural outings. You'll gain an understanding of the fascinating, diverse and warm Mexican culture through first-hand experiences and interactions with local people.

Begin each weekday with two hours of survival Spanish, a maximum of five students per class. Classes will focus on ways to communicate in Spanish and how to feel comfortable traveling in Mexico.

Cultural Classes: Offered each weekday for two hours. Cooking, dancing, history, current events, art and music are just some of our fun activities!

You can pick and choose amongst the various activities offered each day. Additional Spanish classes are offered at this time as well for those who want to polish their Spanish skills.

Trips: Typical afternoon and weekend excursions: a tour of colonial, downtown Cuernavaca, a visit to Hernan Cortez's Palace and its Diego Rivera murals, art museums, drinks/dinner at Cuernavaca's best restaurants, Tepoztlán – a magical town with lush, natural surroundings, Taxco – a colonial town known for its beautiful silver jewelry, a taste of Mexico City's art and culture.

LODGING OPTIONS

HOMESTAY

Living in a homestay is an invaluable way to learn about Latin American culture on a personal level, and an important factor in mastering Spanish. Therefore, we strongly recommend that students take advantage of the opportunity to live with a Mexican family. Through daily interactions and a deepening relationship with the family members, the student will inevitably be provided with an excellent opportunity to improve his/her Spanish, while exploring firsthand the cultural context of the language, and embarking on new and enriching relationships.

Families are arranged based on the student's request, for private or shared rooms with Mexican families, in and around Cuernavaca. Three meals a day are included.

HOTELS

Students who prefer not to live with a Mexican family can receive further information on hotels, but should expect to make their own reservations and arrangements.

PRICE RANGE

Cost of 9 day program of classes, housing, and cultural activities from:

\$828 → \$1,491**

**Prices range according to housing and board options.

ELIGIBILITY AND GUIDELINES

U.S. citizens traveling with regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance of arrival.

ACTIVITIES

The school offers a full and varied program of cultural visits, sports, social outings and excursions through the year. Details vary from week to week and from season to season.

Activities may include:

- Golfing with other students
- Taking cooking classes
- A tour of the modern art museum
- Going out to dinner
- Visiting historic buildings and monuments
- Other evening outings to cinemas and areas of cultural interest

HOW TO REGISTER

To register for the SPANISH for MATURE ADULTS in CUERNAVACA, either follow the link below or call:

1-888-678-6211

<http://www.nrcsa.com/reg/on-line/regform.html>

When you register, \$140 USD is due to secure your place in the program.