



# MEDICAL PROGRAM BUENAVISTA, MEXICO PROGRAMS START EVERY MONDAY



## **PROGRAM DESCRIPTION**

Our Medical Spanish program in Buenavista combines the regular Spanish immersion program with medically specific Spanish and cultural training. This is a great way to learn both general and specialized Spanish. Nurses, doctors, medical students and other health care providers all benefit from this immersion experience. Set in either a hospital or a health clinic, students at an intermediate or higher level of Spanish can observe professionals interacting with patients in Spanish and are exposed to the similarities and differences between these patient-physician relationships and those in their home country.

## **CITY AND COUNTRY INFO**

Buenavista de Cuellar is a village located about an hour's drive from Cuernavaca and is the home of the Rural Studies Program. It is a charming small town, reflecting the serenity of decades past, with adobe walls and tiled roofs and a population of 9,000 people, nestled in an agricultural valley, just over the state line in the neighboring state of Guerrero.

Buenavista is a relatively prosperous community, with cattle raising and production of byproducts (cheese, milk, leather products) of this as primary sources of income. Many of the village's residents live and work in the United States during agricultural production periods and return to their homes for holidays or seasonal work. While this is not a primary focus for the school, many students who have studied in Buenavista have found that their stay in the village provided insight into the lives and concerns of the large migrant population, giving them a new perspective not frequently recognized or appreciated in the United States. In addition, talking with members of the family who have been "left behind" enables students who have interest in these areas to develop a more complete view of the social, economic, and personal lives of the people who have been forced to choose this way of life and work.

## **HIGHLIGHTS OF PROGRAM**

After participating in this Medical Language & Cultural Immersion Program in Buenavista, students will greatly improve foreign language abilities, gain personal growth and confidence, and combine travel, academics, and cultural awareness into one incredible life-changing experience.



## ***What's Included***

- **Tuition and Class Materials:** 20 Spanish small group lessons and 10 private lessons of Medical Terminology per week.
- **Observation:** 2 sessions per week, minimum 1 ½ hours, maximum 4 hours (intermediate level)
- **Lodging:** In a local homestay
- **Meals:** Breakfast and dinner in homestay
- **Pre-Departure Information**
- **Planning Guide**
- **Placement Testing**
- **1-2 Organized Activities Weekly\***
- \* Entrance fees, transport, etc. may be at additional cost.
- **Access to E-mail**
- **Access to Multimedia Learning Center**
- **Certificate of Completion**
- **Medical, Accident and Sickness Coverage \*\***
- \*\* See policy for definitions and exclusions.
- **Medivac Coverage • Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

## **FULL PROGRAM DESCRIPTION**

### **LANGUAGE AND MEDICAL PROGRAM**

In a unique cooperative language and cultural studies in health program, the local NRCSA school works closely with the Hospital del Niño Morelense (Morelos Children's Hospital) to offer a program which includes extensive study of medical terminology in Spanish, clinic observations and language practice, and cultural studies about prevailing concepts of health and medicine in Mexico.

Students who are nurses, doctors, and medical therapists of all kinds (including students from each of these health-related areas) may spend mornings at the hospital, where they will be in clinics observing and practicing the Spanish medical terms they have learned in their language classes. Afternoons will be spent at the NRCSA school, attending seminars on topics such as "Traditional Medicine in Mexico" and visiting other health delivery programs, including natural healers and an excellent rural health clinic in the village.

### **NATURAL MEDICINE**

Natural medicine and use of medicinal herbs have always been a part of village life, dating well before the coming of "modern medicine." With the current interest in herbal cures and "rain forest medicine," many students come to the Rural Studies Program to focus their afternoon studies on this type of medicine.

Students are able to visit with a local herbalist, who will discuss the various herbs in the area and their general uses. Students can take a three-hour hike into the surrounding hills with a local expert in medicinal plants to see and collect these in their natural environment.

Students will also visit the home of a *curandera*, or healer, who will explain and demonstrate some of the methods of natural healing she follows, some of which include the use of plants and herbs.

## **LODGING OPTIONS**

### **HOMESTAY**

Students attending this program can be placed in homestays for the duration of their program. Homestays are comfortable, and have the normal amenities that one would expect to find in a typical middle class Mexican home. Students will receive three meals daily, and will be provided with a double room. Single rooms may be available and are generally at an additional cost. Please inquiry for more details. All homes are within easy walking distance of the school.

### **POSADAS**

Optionally students can stay in posadas at an additional cost. Posadas are small family run hotels which offer all the basic necessities that a student needs during there stay. Generally meals are not included in the cost. For more information, please contact us.

## **PRICE**

Cost of 2 weeks of language classes with cultural activities and lodging from:

**\$1,396 → \$1,546\*\***

\*\*Prices range according to housing and board options.

## **ELIGIBILITY AND GUIDELINES**

Program limited to:

- Pre-Med Students
- Medical Students
- Pre-Clinical Nursing Students
- Nursing Students
- Medical Professionals
- All health-related professionals.

Tourist Visas are issued upon arrival for 60-90 days.

## **ACTIVITIES**

Activities offered may include;

- Teotihuacan and Cuicuilco
- Arts of Mexico, Saturday Bazaar,
- Studio homes of Diego Rivera and Frida Kahlo
- The Museum of Dolores Olmedo
- National Museum of Anthropology
- Mural Arts, Xochimilco and the National University
- Folkloric Ballet in Mexico City
- Templo Mayor
- Tepoztlan
- Robert Brady Museum of Folk Art
- Tlayacapan
- Puebla, the City of the Angels

Some activities may be at an additional cost.

## **HOW TO REGISTER**

To register for the MEDICAL PROGRAM in Buenavista, Mexico, either follow the link below or call 1-888-678-6211.

<http://www.nrcsa.com/reg/on-line/regform.html>

When you register, \$140 USD is due to secure your place in the program.