



FRENCH & SAILING

AIX-EN-PROVENCE, FRANCE

PROGRAMS START EVERY MONDAY



PROGRAM DESCRIPTION

This course combines French classes with sailing lessons. French classes take place in the morning and focus on skills essential for effective written and verbal communication. These classes are for students of all levels. Sailing lessons generally take place during the afternoon and cover elementary to advanced material concerning proper sailing technique and terminology.

CITY AND COUNTRY INFO

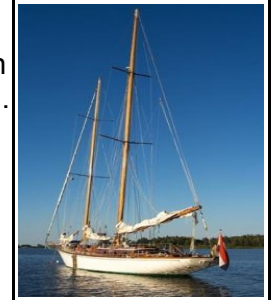
Aix-en-Provence is a spa town with Roman origins and baptized "Ville d'Eau - Ville d'Art" (city of water - city of art). This picturesque city owes some of its fame to the painter Paul Cézanne.

Over the centuries numerous artists have been charmed by the light of this city. Its narrow streets, multicolored facades, its fountains and its markets attract visitors from all over the world. Aix-en-Provence is a young and lively university city with about 30,000 students.

The natural and cultural heritage which surrounds it also offers lots to discover : the historic cities Arles, Avignon and Nîmes, the Lubéron, the gorges of the Verdon and of course the mountain Sainte-Victoire which is the pride of the "Aixois" (people from Aix), the beaches and the 'Calanques' (rocky inlets in the Mediterranean) which are 30 minutes away by car.

HIGHLIGHTS OF PROGRAM

Students will gain confidence in their abilities to speak, write, and read in the French language. Outside of the classroom, students will have the opportunity to establish relationships with their peers, while developing their knowledge and skills with respect to sailing. In addition, students will gain a larger appreciation for the history and natural beauty of Aix-en-Provence through other enriching cultural activities that are offered.



What's Included

- **Tuition and Class Materials:** Minimum 2 weeks; 20 French lessons per week of 45 minutes each.
- **Sailing:** 20 hours over the course of 2 weeks
- **Lodging:** Homestay options or residence hall
- **Placement Testing**
- **Access to E-mail**
- **Certificate of Completion**
- **Pre-Departure Information**
- **Welcome Pack**
- **Medical, Accident and Sickness Coverage ****
** See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

FULL PROGRAM DESCRIPTION

STUDY PROGRAM

This program consists of 20 French lessons per week, which are available for students at any level, beginning to advanced. Each lesson has a duration of 45 minutes. The courses take place in the morning, Monday-Friday. Self study in the multimedia learning center is available for all students, as are learning resources of all kinds: audio, video, and computer assisted language learning. These elements are all available for students to work independently.

The objectives of the program are to improve listening and written comprehension, speak with more confidence and ease, communicate in every day situations and extend knowledge of French politics, social life and culture.

SAILING PROGRAM

The sailing program includes 20 hours of sailing on week day afternoons and Sundays over the course of 2 weeks in the water of the Mediterranean. Elementary to advanced skills are accepted. Professional instruction covers basic to advanced skills and terminology, as well as safety procedures.

LODGING

Homestay Options

The majority of families in Aix-en-Provence are within walking distance of the school, approximately 5 to 20 minutes. Student are placed with a variety of carefully selected families, and we do our best to accommodate all special requests. Many students find that living with local French families helps to improve language skills and understanding and appreciation of the culture.

(1) Half-board

You stay with a homestay family and it includes breakfast and dinner; you have lunch elsewhere and can not use your host's kitchen. This type of accommodation encourages linguistic and cultural immersion.

(2) Bed & breakfast

You stay with a homestay family and it includes breakfast; you have your other meals elsewhere and you can not use the kitchen unless they agree. This kind of accommodation is recommended for people who want to be independent - contact with your host family is rather limited.

(3) Room with access to the kitchen

You stay with a homestay family and no meals are provided, but you have access to the kitchen to prepare your own meals - you and your host decide on what times you can use the kitchen. This kind of accommodation is recommended for people who want to be independent and/or have a special diet.

Residence

The Halls of Residence are situated a 10-minute walk away from the school and offer single rooms with shower/toilet. Residents are also free to use a communal kitchen and a computer room. The block of buildings contains a restaurant, offering low-priced meals from Monday to Saturday.

PRICE RANGE

Cost for 2 weeks of French & Sailing program, lodging, insurance, and registration fee ranges between:

\$2,713 → \$3,287**

**Cost ranges according to lodging and board.

ELIGIBILITY AND GUIDELINES

U.S. citizens traveling on regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance.

Minimum age of 18 unless accompanied by an adult.

ACTIVITIES AND EXCURSIONS

A variety of complementary activities aimed at leisure and free time are offered at the center. Entrance fees may be applicable.

Activities may include:

- Hiking
- Rock-climbing
- Tennis
- Water-sports
- Cycling
- Horseback riding
- Trips to local markets
- Local festivals
- Barbecues

HOW TO REGISTER

To register for the FRENCH & SAILING PROGRAM in AIX-EN-PROVENCE, either follow the link below or call 1-888-678-6211.

<http://www.nrcsa.com/reg/online/regform.html>

When you register, \$140 USD is due to secure your place in the program.