



PORTUGUESE & SURFING LISBON, PORTUGAL PROGRAMS START EVERY MONDAY



PROGRAM DESCRIPTION

Lisbon is the perfect location for students to learn Portuguese. It's also a great place to learn how to surf. This program provides students with both Portuguese and surfing lessons for a chance to have a complete cultural experience of the language while participating in your passion. This unique program offers exciting hands-on surfing lessons, meaningful cultural immersion, and an enriching language program.



CITY AND COUNTRY INFO

Lisbon, the capitol of Portugal, is its most important city, home to almost 1,000,000 people. Lisbon is on the sea at the extreme west of Europe, and at the mouth of Portugal's largest river, forming an extraordinary harbor. The old and new rub shoulders: wide shady avenues and the streets and alleys of picturesque old districts; monuments and museums together with skyscrapers.

Lisbon has a Mediterranean climate. Among all the metropolises in Europe, it has the warmest winters (together with Barcelona), with average temperatures 15 °C (59 °F) during the day and 8 °C (46 °F) at night in the period from December to February. The typical summer season lasts about six months, from May to October, although also in November, March and April temperatures sometimes reach around 20 °C (68.0 °F).

HIGHLIGHTS OF PROGRAM

After participating in this Portuguese & Surfing Program in Lisbon, students will explore the landscape off the coast of Lisbon, greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally, and combine travel, academics, and passion for surfing into one incredible life-changing experience.

What's Included

- **Tuition and Class Materials:** Minimum 2 weeks; 15 Portuguese lessons per week of 45 minutes each.
- **Surfing:** Minimum of 5 lessons; transportation and equipment
- **Social activities**
- **Lodging:** Homestay or hotel.
- **Placement Testing**
- **Access to E-mail**
- **Certificate of Completion**
- **Pre-Departure Information**
- **Welcome Pack**
- **Medical, Accident and Sickness Coverage ****
** See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

FULL PROGRAM DESCRIPTION

STUDY PROGRAM

This program consist of 15 hours per week of Portuguese lessons. Participants may elect to begin studies any Monday of the year. The NRCSA School offers 6 levels of group Portuguese instruction, from beginner to fluency. Each level takes 4 weeks to complete. The main goal of lessons is to improve conversational, writing, comprehension, pronunciation, and reading abilities in Portuguese.

SURFING PROGRAM

Surf lessons take place in the afternoon in beaches around Lisbon. In the days without surf lessons the students are welcome to join the social activities organized by the school.

The surfing teachers are experienced professionals, accredited by the Portuguese Surfing Federation.

Students will meet at the premises early in the afternoon and are taken to beaches around Lisbon for the lessons. Transportation, equipment (wetsuit and surf board) and insurance are included.

Each surf lessons will take a whole afternoon. Lessons are scheduled locally depending on weather and sea conditions. Lessons can also be scheduled on weekends. Programs will last a minimum of 2 weeks, and students can choose to add 5, 10 or 20 surf lessons to their Portuguese language program, with a minimum of 5.

LODGING

Homestay

Private home accommodation is an important part of most students' stay. The NRCSA school's carefully selected homes will offer you much more than accommodation and breakfast - they will be your home away from home. Living in a Portuguese home will help the student gain familiarity with the language. Students are placed in individual bedrooms and will be the only native speaker of their language in the house. The host may be a family or an individual. The homes that host students are in the area of the schools, many within walking distance. In case students need transportation it will never be more than 20 min. Private home accommodation is usually booked from the day before starting lessons until the day after the end of the course (Sunday to Saturday). Private home accommodation does not include the use of the kitchen nor laundry of personal clothes. However students can ask the family directly for details of laundry services in the area of the house. When students prefer not to stay with a family, the school is happy to help find suitable hotel accommodation. Students can get weekly or monthly passes for public transportation what will keep prices quite inexpensive.

PRICE RANGE

Cost of minimum 2 weeks Portuguese program, minimum 5 surfing lessons and equipment, lodging and meals options is about:

\$1,488

ELIGIBILITY AND GUIDELINES

U.S. citizens traveling on regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance.

Minimum age of 18 unless accompanied by an adult.

ACTIVITIES AND EXCURSIONS

A variety of complementary activities aimed at leisure and free time are offered at the center. Entrance fees may be applicable.

Activities may include:

- Museum visits
- Concerts
- Bars
- Golf
- Water sports

HOW TO REGISTER

To register for the PORTUGUESE & SURFING PROGRAM in LISBON, either follow the link below or call 1-888-678-6211.

<http://www.nrdsa.com/reg/on-line/regform.html>

When you register, \$140 USD is due to secure your place in the program.