



SPANISH & SAILING

MONTEVIDEO, URUGUAY

PROGRAMS START EVERY MONDAY



PROGRAM DESCRIPTION

This Spanish & Sailing Program enables you to combine a Spanish course with sailing lessons for a chance to have a complete cultural experience of the language while participating in your passion. This unique program offers exciting hands-on sailing lessons, meaningful cultural immersion, and an enriching language program.

CITY AND COUNTRY INFO

Montevideo, the capital of Uruguay, is located on the Rio de la Plata on the southern most tip of the country's South Atlantic coast. It is a modern metropolis of a million and a half inhabitants and the city is the seat of important national and international events.

The main attractions are the ramblas (boulevards) that follow the beautiful and lengthy shoreline which are, without a doubt, one of the finest luxuries of the city. Montevideo's European influence is evident, as it stretches along avenues, boulevards and tree-lined streets on which modern buildings are being erected alongside buildings of days long past, a testimony to the different periods of the city's history.

Visitors should be sure to go to Ordonez Park to see the rose garden and the La Carreta monument. Other sites include: the Spanish fort which provides a spectacular views of the city from its hilltop location; the National Museum of Fine Arts; the Legislative Palace; the Plaza Constitucion/Independencia; Museum of Natural History; and the local beaches of Ramirez, Malvin, and Pocitos.

HIGHLIGHTS OF PROGRAM

After participating in this Spanish & Sailing Program in Montevideo, students will explore the natural landscape of Montevideo on while sailing, greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally, and combine travel, academics, and passion for sailing into one incredible life-changing experience.



What's Included

- **Tuition and Class Materials:** 1 week minimum-group 20 Spanish 50 minute lessons per week in group of 2-5 students per class.
- **Sailing:** 2 lessons per week
- **Lodging:** Student Residence or Homestay
- **Placement Testing**
- **1-2 Organized Activities Weekly***
- * Entrance fees, transportation, etc. may be at additional cost.
- **Access to E-mail**
- **Arrival transfer**
- **Access to Multimedia Learning Center**
- **Certificate of Completion**
- **Pre-Departure Information**
- **Planning Guide**
- **Medical, Accident and Sickness Coverage ****
- ** See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

FULL PROGRAM DESCRIPTION

STUDY PROGRAM

The Study Program includes 20 hours per week of Group Spanish classes for a minimum of 1 week. Maximum number of students per class is 5, with the average being 2 students. Groups are organized in a way that each will always consist of students possessing the same level of Spanish. The method is based on the 4 language skills: listening, grammar, oral and written comprehension. No English will be used in class. Classes are 55 minutes in length. Students may enroll for as many weeks as desired. In order to make sufficient progress and gain the maximum benefit from the course, the following program duration ranges are recommended: Beginner (4-12 weeks), Intermediate (2-12 weeks) and advanced (2-12 weeks).

SAILING PROGRAM

Students will have two sailing classes per week. The Spanish classes will be in the morning and the sailing classes in the afternoon. The sailing classes are held at Montevideo's highly professional and well-known yacht club, on the Río de la Plata. You will receive one-to-one instruction, or you can book classes with a partner. Experienced sailors are welcome, and will be able to sail longer distances; beginners will start off in and close to the harbor area while they learn the basics.

On the first day, you will be accompanied to the yacht club, introduced to the coach, and instructed on how to get there independently for the rest of the classes (a short bus ride away). In the case of bad weather, classes will be cancelled and, when possible, rescheduled for another day. All equipment is provided; you should wear suitable clothing.

LODGING

HOMESTAY

Single, double and twin rooms are all available. Each host family has a shared living or dining room where you are welcome to relax, study, and chat to your hosts and their family or friends who come to visit. If you have a preference you can request a family with or without children, with or without pets, a non-smoking house, or a private bathroom. You will be treated as another member of the family. Check-in is on Sundays and one meal is included that day (lunch or dinner depending on what time you arrive). Check-out is on Saturdays at 10:00 after breakfast. If you wish to arrive or leave on a different day or have an extra meal with the family, this can be arranged in advanced through the school.

STUDENT RESIDENCE

Living in the school is the most convenient option for getting to your classes on time, and it is a nice opportunity to live independently with other students. The school residence is in a beautiful old house in the safe, central and leafy Parque Rodó neighborhood. The school classrooms and office are on the ground floor and upstairs there are five bedrooms for students, with two bathrooms to share.

One of the bedrooms also has a private bathroom, and two share a balcony overlooking the street. Another bedroom has a second door which opens out onto the roof terrace. There is a large and fully-equipped kitchen downstairs for the students to use, as well as a spacious living-dining room for socializing. There is a patio and roof terraces on two floors, where you can sunbathe or have a barbecue.

PRICE RANGE

Cost of minimum 1 week of classes, housing, and sailing program ranges from:

\$610 → \$719**

**Prices range according to housing and board options.

ELIGIBILITY AND GUIDELINES

U.S. citizens traveling on regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance.

Minimum age of 18 unless accompanied by an adult.

ACTIVITIES AND EXCURSIONS

A variety of complementary activities aimed at leisure and free time are offered at the center. Entrance fees may be applicable.

Activities include:

- Tennis, golf, volleyball, yoga, bowling, cooking
- Squash
- Ping Pong
- Montevideo theater
- Diving
- Mountain biking
- Paragliding
- Spanish fiestas

HOW TO REGISTER

To register for the SPANISH & SAILING PROGRAM in Montevideo, either follow the link below or call 1-888-678-6211.

<http://www.nrcsa.com/reg/on-line/regform.html>

When you register, \$140 USD is due to secure your place in the program.