



STUDY & VOLUNTEER PROGRAM

LA CEIBA, HONDURAS

PROGRAMS START EVERY MONDAY



PROGRAM DESCRIPTION

This Study & Volunteer program combines a private study program and volunteer placement in the community for a minimum of 4 weeks. All opportunities will work in partnership with local people in a variety of community-based projects. This unique program offers exciting hands-on volunteering opportunities, meaningful cultural immersion, and an enriching language program.

CITY AND COUNTRY INFO

Located on the Caribbean coast, La Ceiba is the third largest city in Honduras with a population of 80,000. The capital of the region of Atlantida, one of the 18 regions of Honduras, it is easy to get around on foot. A relatively young city with an international atmosphere, La Ceiba got its name from a huge Ceiba tree that was next to the beach and provided shade to the workers at the dock and locals during the afternoon.

La Ceiba is a lot more than a port city with hospitality and charm. It has the potential to develop into the Ecotourism Capital of Central America. The Pico Bonito National Park, Cuero y Salado Wildlife Refuge, Cayos Cochinos Marine Reserve are but a few of the many nature attractions available at just a short distance from the city. May through June are great times to catch several town fairs and celebrations, including a week long carnival held in La Ceiba during the third week of May.

HIGHLIGHTS OF PROGRAM

After participating in this Study & Volunteer Program in La Ceiba, students will gain experience in foreign poverty and need first hand while helping others in severe need, greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally through service, and combine travel, academics, and community service into one incredible life-changing experience.



What's Included

- **Tuition and Class Materials:** 2 week minimum-private 10 Spanish 50 minute lessons per week.
- **Volunteer Placement:** in local organization
- **Lodging:** In a Homestay
- **Meals:** Breakfast, Lunch, and Dinner
- **Placement Testing**
- **1-2 Organized Activities Weekly***
- * Entrance fees, transportation, etc. may be at additional cost.
- **Access to E-mail**
 - **Access to Multimedia Learning Center**
- **Certificate of Completion**
- **Pre-Departure Information**
- **Planning Guide**
- **Medical, Accident and Sickness Coverage ****
- ** See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world
- **Transportation:** Airport transfers and to volunteering placements

FULL PROGRAM DESCRIPTION

STUDY PROGRAM

The Study Program includes 10 hours of Spanish lessons per week in a one-on-one setting for a full immersion program. The hours of study with the tutor can be designed to student specifications of special vocabulary or special interest.

The method is based on the 4 language skills: listening, grammar, oral and written comprehension. No English will be used in class.

VOLUNTEER PROGRAM

During the minimum 2 week Study & Volunteer program, the students will volunteer in the afternoon after private classes with their instructor. There are several different projects students can choose to work on. Projects include the following:

- Honduras Children
 - Honduras Children is a diverse group of volunteers and sponsors collectively working to make life better for children in the La Ceiba area of the north coast of Honduras.
- Las Sonrisas de los Niños
 - It is a kindergarden for kids that have to stay alone during the day, usually because both of the parents have to work.
- Jungle School
 - This school currently has 56 students in grades 1-6 and 11 students in kindergarden and is located in a steep jungle area near the lower Cangrejal River Watershed, called Herradura in the Pico Bonito Mountains.
- Hogar de Amor
 - At the moment it houses 21 orphan children who live in the home, with three live-in Honduran staff and rotating international volunteers.
- Cruz Roja (Red Cross)
- Niños de la Luz
 - This orphanage is situated just outside of La Ceiba and takes care of more than 20 street boys.
- Guarama
 - This project educates the youth in the mountains.
- Hospital Atlántida
- C.R.I.L.A.
 - C.R.I.L.A offers help with emotionally disturbed kids, adolescents and adults with the goal of giving them a healthy state of mind and stabilizing their life in society.
- Guaderia Infantil (Daycare)
- Emilia D'Cuirre
 - This is a school for deaf children in La Ceiba where the children learn how to deal with their handicap.
- Gemelos de Honduras
 - Gemelos de Honduras is a small Garifuna organization.
- Clinica de atención integral al adolescente
 - Youth attend the project for many reasons like pregnancy, SOA tests and psychological problems.

LODGING

HOMESTAY

Lodging with a family is highly recommended. It is by far the best way for the student to completely immerse themselves in the Honduran culture and learn and practice Spanish. All of the homestays are exclusively with Honduran middle class by local standards families. While they do not provide laundry service, many families will provide this service for a small amount of money. Inexpensive laundry services are also nearby the school's location (approximately \$2 US per load). Students stay in a private room and have 3 meals a day provided.

Homestay families respect the privacy of the student, and are traditionally very friendly. Host families adhere to a philosophy of "A home away from home". Students may participate fully in most of the activities of the host family if they choose to do so.

PRICE RANGE

Cost of minimum 2 week of classes and volunteer combination with lodging in a homestay and 3 meals a day ranges from:

\$538 → \$638 **

**Price ranges according to location of volunteer placement and transportation needed.

ELIGIBILITY AND GUIDELINES

U.S. citizens traveling on regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance.

Minimum age of 18 unless accompanied by an adult. Volunteer positions on a space available basis. These are unpaid positions and there is a limited number of positions every month.

ACTIVITIES AND EXCURSIONS

Every week there are organized activities and excursions such as:

- Painting Class
- Folkloric Dancing Classes
- Cooking Classes
- Visit a working butterfly farm
- Visit indigenous people's villages
- Whitewater Rafting and Kayaking
- Trekking in pristine Cloud Forests to bird-watch and look for animals

**Some at an additional cost

HOW TO REGISTER

To register for the STUDY & VOLUNTEER PROGRAM in La Ceiba, either follow the link below or call 1-888-678-6211.

<http://www.nrcsa.com/reg/on-line/regform.html>

When you register, \$140 USD is due to secure your place in the program.