



# STUDY & VOLUNTEER PROGRAM

## MONTEVIDEO, URUGUAY

### PROGRAMS START EVERY MONDAY



#### **PROGRAM DESCRIPTION**

This Study & Volunteer program combines a minimum 4 week Standard Group Study program followed up with a 4 week minimum volunteer placement in the community. All opportunities will work in partnership with local people in a variety of community-based projects. This unique program offers exciting hands-on volunteering opportunities, meaningful cultural immersion, and an enriching language program.

#### **CITY AND COUNTRY INFO**

Montevideo, the capital of Uruguay, is located on the Rio de la Plata on the southern most tip of the country's South Atlantic coast. It is a modern metropolis of a million and a half inhabitants and the city is the seat of important national and international events.

The main attractions are the ramblas (boulevards) that follow the beautiful and lengthy shoreline which are, without a doubt, one of the finest luxuries of the city. Montevideo's European influence is evident, as it stretches along avenues, boulevards and tree-lined streets on which modern buildings are being erected alongside buildings of days long past, a testimony to the different periods of the city's history.

Visitors should be sure to go to Ordonez Park to see the rose garden and the La Carreta monument. Other sites include: the Spanish fort which provides a spectacular views of the city from its hilltop location; the National Museum of Fine Arts; the Legislative Palace; the Plaza Constitucion/Independencia; Museum of Natural History; and the local beaches of Ramirez, Malvin, and Pocitos.

#### **HIGHLIGHTS OF PROGRAM**

After participating in this Study & Volunteer Program in Montevideo, students will gain experience in foreign poverty and need first hand while helping others in severe need, greatly improve foreign language abilities, gain personal growth and confidence both nationally and internationally through service, and combine travel, academics, and community service into one incredible life-changing experience.



## *What's Included*

- **Tuition and Class Materials:** 4 week minimum-group 20 Spanish 50 minute lessons per week in group of 2-5 students per class.
- **Volunteer Placement:** in local organization
- **Lodging:** In a Homestay or Student Residence
- **Placement Testing**
- **1-2 Organized Activities Weekly\***
- \* Entrance fees, transportation, etc. may be at additional cost.
- **Access to E-mail**
- **Arrival transfer**
- **Access to Multimedia Learning Center**
- **Certificate of Completion**
- **Pre-Departure Information**
- **Planning Guide**
- **Medical, Accident and Sickness Coverage \*\***
- \*\* See policy for definitions and exclusions.
- **Medivac Coverage**
- **Other Travel Coverage:** repatriation, baggage, personal effects, accidental death and dismemberment , etc.
- **24 Hour Emergency Multilingual Hotline:** call collect from anywhere in the world

## **FULL PROGRAM DESCRIPTION**

### **STUDY PROGRAM**

The Study Program includes 20 hours per week of Group Spanish classes. Maximum number of students per class is 5, with the average being 2 students. Groups are organized in a way that each will always consist of students possessing the same level of Spanish.

The method is based on the 4 language skills: listening, grammar, oral and written comprehension. No English will be used in class. Classes are 55 minutes in length. Students may enroll for as many weeks as desired. In order to make sufficient progress and gain the maximum benefit from the course, the following program duration ranges are recommended: Beginner (4-12 weeks), Intermediate (2-12 weeks) and advanced (2-12 weeks).

### **VOLUNTEER PROGRAM**

After the minimum 4 week study program, students will be placed in a volunteering position in community for a minimum of 4 weeks.

The organizations we work with are all non-profit organizations which work to improve the day-to-day reality and future prospects of children, teenagers, young adults, adults and families in Uruguay. They promote a culture of respect, education, health, well-being and diversity, which are values we expect our volunteers to share. Placement opportunities may include the following:

- **Un techo para my pais**
  - The idea was to construct emergency accommodation and carry out Social habilitation plans for community development. In this way, it becomes necessary for the whole of society to admit that the lack of opportunities and the conditions in which more than 200 million Latin Americans live is an injustice which we are all part of.
- **Support the CLAVES Program**
  - CLAVES is an abuse prevention and non-violence program, which combats sexual, physical, and emotional abuse towards children and adolescents.
- **Children and Young Adults with Mental Disabilities**
  - Volunteering in this home offers you the opportunity to improve your education skills in a very special way. Approximately 20 persons are living here, children, adolescents, teenagers and young mothers. Most of them have a mental disability or psychiatric problems. You will experience the gratefulness of the habitants of this house.
- **Teach English in Montevideo**
  - Many families cannot afford private lessons which leave children, young adults with little English knowledge. Volunteers can make a difference by teaching English to those who otherwise could not afford it.
- **Teach English and sports in a rural school**
  - A rural primary school in Maldonado needs an English teacher. There are two classes with a total of 25 children, one group aged 5 to 8 and the other aged 8 to 12. The school is open from Monday until Friday from 09:30 to 14:30 and lunch is from 12:00 to 13:00. The volunteer can teach: English or Sports or both English and Sports.
- **Protect and research sea turtles on the Atlantic coast in the province of Roncha**
  - The research station is in Cerro Verde, in the province of Rocha. It is very close to the border with Brazil (about 25km), in the far east of Uruguay.
- **Protect Sea Turtles in Montevideo**
  - The research center's main objective at present is to observe and determine the approximate numbers and general habits of juvenile green turtles in the zone, and the volunteer's role is to participate in the daily collection of data, following the guidance of the research coordinators.

## **LODGING**

### **HOMESTAY**

Living with a local family encourages practice of the language and enriches the cultural knowledge of the student. Carefully selected families are chosen who are sympathetic to those students who want to learn more about the Uruguayan culture and way of life. Students are treated as a member of the family. Students are provided a single room with 2 meals daily and share the bath with the other members of the family. Bed linen and towels are provided and cleaned weekly.

### **STUDENT RESIDENCE**

Living in the school is the most convenient option for getting to your classes on time, and it is a nice opportunity to live independently with other students. The school residence is in a beautiful old house in the safe, central and leafy Parque Rodó neighborhood. The school classrooms and office are on the ground floor and upstairs there are five bedrooms for students, with two bathrooms to share.

## **PRICE RANGE**

Cost of minimum 4 weeks of classes, minimum of 4 weeks of volunteer placement, and minimum of 8 weeks total of housing ranges from:

**\$1,637 → \$2,152\*\***

\*\*Prices range according to housing and board options.

## **ELIGIBILITY AND GUIDELINES**

U.S. citizens traveling on regular passports for tourism or business do not need a visa for a stay of 90 days or less. Those planning a longer visit must obtain a visa in advance.

Minimum age of 18 unless accompanied by an adult. Volunteer positions on a space available basis. These are unpaid positions and there is a limited number of positions every month.

## **ACTIVITIES AND EXCURSIONS**

A variety of complementary activities aimed at leisure and free time are offered at the center. Entrance fees may be applicable.

Activities may include:

- Tennis
- Squash
- Ping Pong
- Montevideo theater
- Horseback riding
- Mountain biking
- Golf
- Cooking Lessons
- Paragliding
- Sailing
- Diving
- Bowling
- Spanish fiestas
- Beach Volleyball
- Yoga

## **HOW TO REGISTER**

To register for the STUDY & VOLUNTEER PROGRAM in Montevideo, either follow the link below or call 1-888-678-6211.

<http://www.nrcsa.com/reg/on-line/regform.html>

When you register, \$140 USD is due to secure your place in the program.